

City of Greenbelt
Recreation
Activity Guide
SUMMER 2016



Celebration of Spring - May 21
Outdoor Pool Opens - May 28
Greenbelt Day Weekend - June 4 and 5
See inside for a listing of all upcoming events!

TABLE OF CONTENTS

Events and Exhibitions	2-5
Preschool Programs	
Dance.....	6
Creative Arts.....	6
Elementary and Middle School Programs	
Dance.....	7-8
Music.....	8
Creative Arts.....	8
Free Fun.....	8-9
Sports and Fitness	9
M-NCPPC Programs	9
Teen and Adult Programs	
Visual Arts.....	10
Ceramics.....	10-11
Dance.....	12
Health and Fitness.....	13-14
Outdoors	14
Athletics.....	14
Special Interest.....	14
Senior Adult Programs	
Senior Center.....	15
Senior Special Events	15
Health and Fitness	16
Special Interest	16
SAGE Classes.....	17-18
Senior Globetrotting.....	19
Aquatic and Fitness Center	
Daily Admissions.....	20
Membership	21
GAFC Registration Dates..	22
Swim Lessons.....	22-24
Aquatic Exercise.....	24-25
Registration Information	26-27
Financial Assistance.....	27
Department Contacts	28
Rules of Conduct	28
Registration Form	29
Recreation Facilities.....	30-31
Clubs and Contacts.....	32

**Recreation Department
Business Office, 99 Centerway
301-397-2200**

www.greenbeltmd.gov/recreation



Events and Exhibitions

CELEBRATION OF SPRING

Springhill Lake Recreation Center

Saturday, May 21, 2:00pm-6:00pm

Come enjoy arts and crafts, activities, performances, food, and music with Greenbelt Recreation Department and your neighbors and friends. Children and parents alike will be delighted on this fun filled day. This will be the perfect family event to help shake off the cold days of winter as we spring into action during our Celebration of Spring. Please call the weather information hotline, 301-474-0646, the morning of the event for updated event status.



SUMMER SKATE SERIES

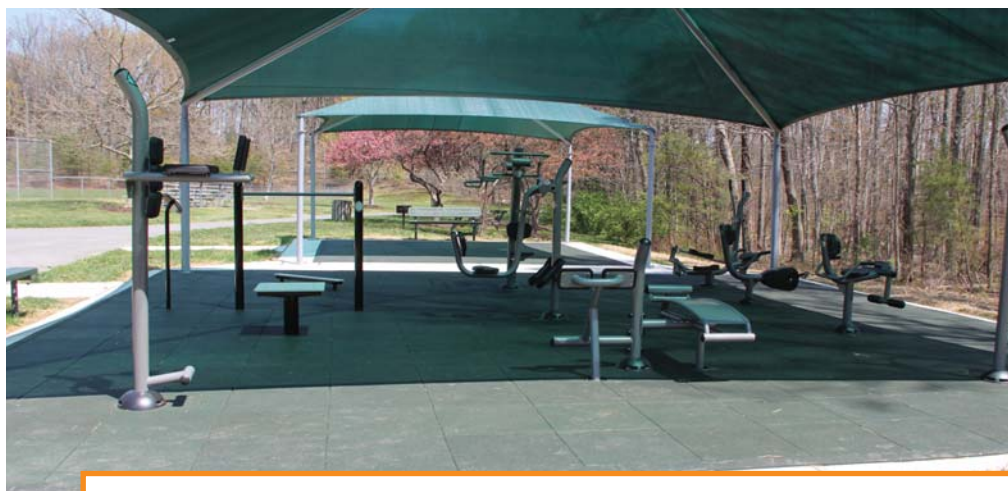
Springhill Lake Recreation Center

Fridays: May 13, June 17, July 15 and August 12;

5:00pm-7:00pm

Ages 6-12 FREE

Bring the family and join your friends at the Springhill Lake Recreation Center gymnasium. Roller-skates provided free of charge or bring your own. For more information call 301-397-2212.



NEW: SCHROM HILLS PARK OUTDOOR FITNESS ZONE

6915 Hanover Parkway

Visit the new outdoor fitness area. Shade structures provide relief from the sun as you exercise outdoors. Ten individual stations and open space allow multiple users to GET OUT and GET FIT!

Free Clinics: Saturday, May 21, 9:00am; Thursday, May 26, 6:30pm; Saturday, June 4, 9:00am

GET OUT, GET FIT Classes: see page 13 for more information.

GREENBELT DAY WEEKEND June 4 and 5

Happy 79th Anniversary, Greenbelt! Celebrate the occasion by enjoying the many amenities that Greenbelt has to offer: our parks, pools, historic walking tours, special activities, local eateries and much more. Enjoy!
Please check www.greenbeltmd.gov for a schedule of events.



YOUTH SPRINT TRIATHLON Ages 8-16

Saturday, June 4, 10:00am-1:00pm

Greenbelt Aquatic and Fitness Center, 101 Centerway

The Youth Sprint Triathlon returns on Greenbelt Day Weekend. The race will begin with a swim at the Greenbelt Aquatic and Fitness Center outdoor pool. After the swim, children will ride on their bicycles through a marked off-road course (mountain, bmx, and hybrid bicycles only). Bicycles must be in good, working condition and all riders must wear a helmet. The race concludes in front of the Youth Center after a run around Braden Field.

Co-sponsored by Proteus Bikes, League of American Bicyclists, RoadID and Greenbelt Police Department.

NOT FOR SENIORS ONLY: REVITALIZE YOUR LIFE!

Saturday, June 4, 1:00pm-3:00pm

Greenbelt Community Center, 15 Crescent Road, Room 201

Greenbelt's Senior Citizen's Advisory Committee hosts this annual workshop, open to all. Experience chair yoga and meditation to help you deal with day to day stress and worries. No experience necessary.

AN ARTFUL AFTERNOON

Sunday, June 5, 1:00pm-5:00pm

Greenbelt Community Center, 15 Crescent Road

Among many other activities, take in an Artful Afternoon including a free 3:00pm performance by the Fabulous Chinese Acrobats after a "Flights of Fancy" avian-inspired collage workshop, 1:00pm-3:00pm.



ART EXHIBITIONS

Greenbelt Community Center Art Gallery, Room 112

September through June. Open during all facility hours except when reserved.

Guests of all ages are invited to enjoy curated exhibits of outstanding contemporary art in many media by regional artists. Shows feature drawing, painting, photography, fiber arts, sculpture, costume, installation, video and more. Stop by and see what's on view!



INTERWEAVE: PHOTOGRAPHY BY RONALD BEVERLY AND FIBER ARTS BY ELKA STEVENS

April 11 - June 10

Howard University professor Ronald Beverly refracts imagery of natural and cultivated landscapes with the meticulous use of editing technology. His kaleidoscopic panoramas simultaneously evoke the richness of old world textiles and

architectural features as well as the dynamism and mutability of the digital age. Fellow professor Elka Stevens, who provided inspiration for Beverly's "Nature Avatar" series, has created unique garments and accessories incorporating his images.



COMMUNITY ART DROP-IN

Greenbelt Community Center

Sunday, August 7, 1:00pm-3:00pm

Guests of all ages are invited to participate in a free hands-on art workshop with Artist in Residence Kathy Karlson. Have fun experimenting with simple printmaking techniques. All materials are provided and reservations are not required. Wear clothes that can get messy!

SUMMER CAMP SHOWS

You don't have to have a child in the cast to enjoy these high-quality, homegrown shows! These summer sparklers are produced by performing arts professionals to showcase the talented kids enrolled in the Recreation Department's summer camps.

CREATIVE KIDS CAMP (ages 6-12) presents **SUMMER CIRCUS**

A group of cousins spend their summer on the farm with their eccentric Aunt Beverly, only to discover that she is trying to rescue a failing circus. The kids pitch in to help and enjoy the best summer ever! Script, songs and direction by Chris Cherry. Featuring Greenbelt's own Sue Smithers as Aunt Beverly.

PERFORMANCES, Fridays, July 1, 15 and 29 and August 12 at 10:00am and 2:15pm

Greenbelt Arts Center, 123 Centerway; FREE

Seating is limited; call 301-397-2208 to ensure availability.

CAMP ENCORE (ages 13-17) presents **A MIDSUMMER NIGHT'S DREAM**

Two groups of mortals – the mismatched lovers and the hilarious amateur actors – retreat to the forest, only to find it inhabited by a troupe of feuding and mischievous faeries. Will everything be set right before the royal wedding in the morning? This production combines Shakespeare's language with original music, movement and stage combat in a unique interpretation of one of the Bard's most beloved comedies.

Directed by Kate Magill Robinson.

PERFORMANCES, Wednesday, July 13 at 1:00pm; Thursday, July 14 at 4:00pm and 7:00pm

Greenbelt Arts Center, 123 Centerway; FREE

Seating is limited; call 301-397-2208 to ensure availability.



SUMMER CIRCUS CAMP presents

SHOWCASE 2016

Clocking in at under an hour, these shows are the culmination of two weeks of intensive circus skills training, with newbies and veterans demonstrating juggling, stilt-walking, unicycling, balance board, rolling globe, partner acrobatics, clown gags and single-point and fabric trapeze.

Directed by Greg May.

PERFORMANCES, Fridays, July 1, 15, 29 at 1:00pm, Friday, August 12 at 1:00pm, Friday, August 19 at 2:00pm

Greenbelt Community Center, 15 Crescent Road; FREE



CONTRA DANCES

Community Center Gym; 7:00pm-9:45pm

\$10 per person (cash at door) for all dancers

Come join us for these fun, social dances, the first Saturday of the month. Dances are open to all ages and beginner lessons are at 6:30pm each night. These events are co-sponsored by the Folklore Society of Greater Washington (FSGW). Great music, great callers and great fun, what more can you ask for on a Saturday night?

Saturday, May 7, Susan Taylor calling to the music of Transatlantic Crossing.

Saturday, July 2, Kappy Laning calling to the music of Liz Donaldson and David Knight

Saturday, August 6, Ann Fallon calling to the music of Some Assembly



JULY FOURTH FANFARE!

Celebrate Independence Day with friends and neighbors at

Buddy Attick Park, 555 Crescent Road

Bring a picnic, walk the lake trail, enjoy the playground!

Community Drum Circle, 5:30pm-6:45pm

Greenbelt Concert Band, 7:30pm-8:30pm

FIREWORKS approximately 9:00pm

In case of inclement weather, please call the weather and information hotline, 301-474-0646, for updated event status.



SPRINGHILL LAKE RECREATION CENTER- SUMMER DROP-IN PROGRAMS

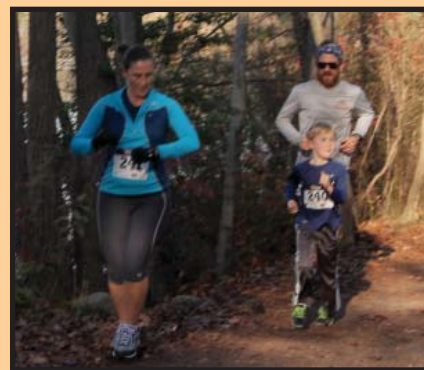
Summer is filled with FREE drop-in programs! Activities include arts and crafts, basketball, dodgeball, volleyball, foosball tournaments, summer reading, movies and much more. For more information call 301-397-2212.



NATIONAL NIGHT OUT

Tuesday, August 2

Join the Greenbelt Police and Greenbelt Neighborhoods for the 2016 National Night Out. National Night Out is a cohesive effort to promote involvement in crime prevention activities, police-community partnerships, neighborhood camaraderie and a message to criminals letting them know that neighborhoods are organized and fighting back. Specific neighborhood events will be posted at www.greenbeltmd.gov. For more information call George Mathews, 240-542-2116.



FREE BUDDY ATTICK SUMMER FUN RUNS

**Thursdays 7/7 - 8/25; 7:00pm
(6:15pm-6:45pm registration at
Youth Center parking lot)**

In a partnership with the Greenbelt Recreation Department, the Prince George's Running Club continues to offer this excellent opportunity to Get Active Greenbelt. The purpose of this informal fun run race series is to provide an opportunity for individuals to exercise and increase their activity. The course will take runners and walkers around Buddy Attick Park lake path for their choice of either 1.75 miles (1 lap) or 3 miles (2 laps). The fun runs are open to all runners (novices, combination runners/walkers and families). Although this is a free program, all participants must complete a registration form and sign a waiver prior to running.



LABOR DAY FESTIVAL

The City of Greenbelt and the Labor Day Festival Committee is honored to host the 62nd Annual Labor Day Festival. Enjoy an entertaining weekend with family and friends, September 2nd through September 5th. Join the Recreation Department for many

activities. Stay tuned to the *Greenbelt News Review* for the weekend schedule of events, times and locations. For more information visit www.greenbeltlaborday.com.



MOONLIT MOVIES

Moonlit Movies will be back in the fall. Stay tuned for a line up.

Pre-School Programs



DANCE *

Contact: Angella Foster, 240-542-2067
afoster@greenbeltmd.gov

ADVENTURE DANCE MINI-CAMP

Ages 3-5*

Young explorers develop their coordination, confidence and rhythmic skills while creating fun adventure dances. These in-studio adventures are inspired by habitat exhibits on display at the National Aquarium in Baltimore. Each session explores a different habitat through movement, music and simple crafts. In-studio performance for friends and family on last day of class! No uniform; simply wear clothes that are easy to move in and bare feet. Long hair should be secured off face and neck.

ATLANTIC CORAL REEF 334200-1

Tu/W/Th 4:00pm-5:00pm/CC-10

6 mtgs: 6/21 - 6/30

R: \$48, NR: \$56

AUSTRALIA DEEP RIVER 334200-2

Tu/W/Th 4:00pm-5:00pm/CC-10

6 mtgs: 7/5 - 7/14

R: \$48, NR: \$56

AMAZON RIVER FOREST 334200-3

Tu/W/Th 4:00pm-5:00pm/CC-10

6 mtgs: 7/19 - 7/28

R: \$48, NR: \$56

Instructor: Angella Foster

**PLEASE NOTE: All students must meet the minimum age requirement for all dance classes by the first class meeting for each course.*

AQUATICS CLASSES see pages 22-23.

CREATIVE ARTS

Contact: Ivy McCormick, 240-542-2060
imccormick@greenbeltmd.gov

PRE-SCHOOL ART EXPLORATION

Children and caregivers share the experience of creative exploration in a studio setting, while facilitating toddlers' socialization. Different tools and materials will be introduced; encouraging visual and tactile discovery. Emphasis is on process, rather than the completion of a defined project. Families may enter and leave any time during the hour as children's attention spans will vary. This is a parent-child activity; caregivers must please enroll, attend and actively participate. When registering: section 1 is for children; section 2 is for caregivers. Class must meet minimum enrollment by Thursday, 6/23 in order to run.

Tu 3:00pm-4:00pm/CC-113

6 mtgs: 6/28 - 8/2

Instructor: Sally Davies

CHILDREN 323201-1 Ages birth-5

R: \$49, NR: \$64

CAREGIVERS 323201-2 Ages 16+

FREE

FACILITY CODES

BF=Braden Field, CC=Community Center
GAFC=Greenbelt Aquatic and Fitness Center,
SHLRC=Springhill Lake Recreation Center,
SHP=Schrom Hills Park, YC=Youth Center



DANCE *

Contact: Angella Foster, 240-542-2067
afoster@greenbeltmd.gov

BALLET THEATER MINI-CAMP 334207-1 Ages 5-7

Aspiring young dancers will learn all about being a ballet dancer, from backstage preparations to on-stage performance. This fun introduction to ballet will also teach students the proper postures and positions using correct French terminology, preparing students for a formal study of classical ballet in the future. Uniform: Girls - pink leotard and pink tights. Sheer pink skirts and ballet slippers permitted but not required. Boys - plain white t-shirt and black knit shorts or pants.

Tu/W/Th 5:00pm-6:00pm/CC-10

6 mtgs: 6/21 - 6/30

R: \$48, NR: \$56

Instructor: Angella Foster

MOVIE MUSICAL MADNESS MINI-CAMP 334209-1

Ages 5-7

Aspiring young performers will enjoy learning a variety of dances to a mash-up of popular movie musicals past and present. Emphasis will be on developing the confidence, musicality and quick-study skills needed for performing in musical theater productions. No previous dance experience required. Uniform: Girls and Boys - snug t-shirt, leggings and bare feet.

Tu/W/Th 5:00pm-6:00pm/CC-10

6 mtgs: 7/5 - 7/14

R: \$48, NR: \$56

Instructor: Angella Foster

** PLEASE NOTE: All students must meet the minimum age requirement for all dance classes by the first class meeting for each course. An in-studio performance for friends and family takes place on the last day of each class!*

DANCE SAMPLER MINI-CAMP 334210-1 Ages 5-7

A perfect opportunity for young movers to try out different styles of dance. This mini-camp will introduce students to the basics of ballet, musical theater jazz, contemporary and tap in a fun and supportive environment. This sampler will help parents find the dance form that suits their young dancer for future dance study. Uniform: Girls and Boys - snug t-shirt, leggings and bare feet. If the student already owns any dance shoes, please bring them, but they are not required for this class.

Tu/W/Th 5:00pm-6:00pm/CC-10

6 mtgs: 7/19 - 7/28

R: \$48, NR: \$56

Instructor: Angella Foster

MUSICAL THEATER JAZZ 344204-1 Ages 8-15

This fun, fast-paced class will introduce aspiring performers to a variety of musical theater jazz styles set to music from popular Broadway shows past and present. Dancers will learn choreographed dance routines with an emphasis on turning and jumping skills. Uniform: Girls and Boys - snug t-shirt and leggings or sweatpants. Jazz slippers or dance sneakers preferred but not required.

M 5:00pm-6:00pm/CC-10

8 mtgs: 6/20 - 8/15 (No class 7/4)

R: \$64, NR: \$72

Instructor: Angella Foster

BALLET I 334201-1 Ages 7-11

Young dancers will learn the basic postures and body positions which lay the foundation of ballet. Emphasis will be on developing each student's flexibility, strength and musicality. Perfect for aspiring young dancers with one year or less of previous ballet training. Uniform: Girls - pink ballet shoes, pink tights, black leotard, long hair secured off face and neck. Boys - black ballet shoes, black leggings or sweatpants, snug white t-shirt.

M 4:00pm-5:00pm/CC-10

8 mtgs: 6/20 - 8/15 (No class 7/4) R: \$64, NR: \$72

Instructor: Angella Foster

BALLET II/III 334205-1

Ages 8-12

Continuation of Ballet I/II. This class is designed to give ballet students with two or more years of ballet training a chance to develop their skills over the summer. Emphasis will be on jumping and turning skills. Uniform: Girls - pink leather ballet shoes, pink tights, black leotard, long hair secured off face and neck. Boys - black ballet shoes, black leggings, snug white t-shirt.

Tu 6:00pm-7:00pm/CC-10

8 mtgs: 6/21 - 8/9R: \$64, NR: \$72

Instructor: Angella Foster

BALLET III/IV 344200-1

Ages 9-15

A continuation of Ballet II/III. Students must have completed at least three full years of ballet training. Emphasis is on developing each dancer's understanding and mastery of the fundamentals of jumping and turning as well as the poise and performance quality characteristic of classical ballet. Uniform: Girls - pink ballet shoes, pink tights, black leotard, long hair secured off face and neck. Boys - black ballet shoes, black leggings or sweatpants, snug white t-shirt.

M 6:00pm-7:00pm/CC-10

8 mtgs: 6/20 - 8/15 (No class 7/4)

R: \$64, NR: \$72

Instructor: Angella Foster

YOUNG DANCEMAKER'S WORKSHOP

334206-1

Ages 8-15

Aspiring directors and choreographers will learn what it takes to make their own dances, costume their work and bring it to life in front of an audience. Students will learn some of the tricks of the choreographer's trade and work together under the guidance of the instructor to make a dance of their own. Recommended for young performers with one year previous dance or theater experience. Uniform: Girls - leotard and pink or black footless tights or leggings. Boys - black or dark color sweatpants with a plain white t-shirt. The uniform will serve as the base costume for the in-studio performance.

Tu/W/Th 4:00pm-6:00pm/CC-10

6 mtgs: 8/2 - 8/11

R: \$96, NR: \$104

Instructor: Angella Foster

AQUATICS CLASSES see pages 22-23.

FACILITY CODES

BF=Braden Field, CC=Community Center

GAFC=Greenbelt Aquatic and Fitness Center,

SHLRC=Springhill Lake Recreation Center,

SHP=Schrom Hills Park, YC=Youth Center

MUSIC

Contact: Angella Foster, 240-542-2067

afoster@greenbeltmd.gov

ROCK AT THE END OF THE DAY

Ages 11-16

It's ready, set, rock! The enthusiastic R.E.D. mentors will teach you to rock out with any instrument. If you have an instrument, bring it, even if it's not an instrument that is conventionally associated with rock music. If you don't have an instrument, we'll provide instruments for you to try! No previous playing experience necessary. Presentation for parents on the final day of each session.

334208-1

M-F 3:30pm-5:15pm/CC-112

10 mtgs: 6/20 - 7/1

R: \$85, NR: \$110

334208-2

M-F 3:30pm-5:15pm/CC-112

9 mtgs: 7/5 - 7/15 (No class 7/4)

R: \$76, NR: \$99

334208-3

M-F 3:30pm-5:15pm/CC-112

10 mtgs: 7/18 - 7/29

R: \$85, NR: \$110

334208-4

M-F 3:30pm-5:15pm/CC-112

10 mtgs: 8/1 - 8/12

R: \$85, NR: \$110

Instructor: Aaron Goldstein



CREATIVE ARTS

Contact: Ivy McCormick, 240-542-2060,

imccormick@greenbeltmd.gov

FAMILY CERAMICS 333253-1

Ages 5-12

Children learn a variety of hand-building techniques, creating pots and sculpture. Children may be enrolled by themselves, or caregivers ages 16+ can register, too! All materials provided. Class must meet minimum enrollment by Tuesday, 6/21 in order to run. Includes recycled clay. Does not include Ceramics Open Studio or use of a studio shelf.

Tu 1:30pm-3:00pm/CC-304

9 mtgs: 6/28 - 8/23

R: \$102, NR: \$133 per child or caregiver

Instructor: Gina Mai Denn

FREE FUN

Individual contacts listed below.

WII WEDNESDAY 337404-1

Ages 8-12

Contact: Frank Jones, Brian Butler, 301-397-2212,

fjones@greenbeltmd.gov, bbutler@greenbeltmd.gov

Be active and compete against your friends in various Wii Sports and Wii Sports Resort activities. A weekly champion will be determined by the highest score.

W 3:00pm-4:30pm/SHLRC-Game

8 mtgs: 6/22 - 8/10

FREE

STRATEGY GAMES CLUB 387501-1

Ages 10+

Contact: Karen Haseley, 240-542-2054,
khaseley@greenbeltmd.gov

Exercise your brain playing a variety of strategy games: Carcassonne, Go, Mah Jongg. Traditional strategy games, Chess, Checkers, Backgammon and Jenga, are also available. Come join in the fun!

Tu 7:15pm-9:15pm/YC-Multi

12 mtgs: 6/21 - 9/6

FREE

Instructor: Karen Haseley



SUMMER SKATING SERIES 332414-1

Ages 8-15

Contact: Frank Jones, Brian Butler, 301-397-2212,
fjones@greenbeltmd.gov, bbutler@greenbeltmd.gov

Youth ages 6 through 12 are invited to join their families and friends at the Springhill Lake Recreation Center. Roller Skates are available free of charge...or bring your own! A DJ and light refreshments will be provided. The Skating Summer Series is co-sponsored by the Maryland-National Capital Park and Planning Commission. Youth ages 9 and under require adult supervision. For additional information call 301-397-2212.

F 5:00pm-7:00pm/SHLRC-Gym

3 mtgs: 6/17, 7/15, 8/12

FREE

TKA KARATE

Ages 5-12

Registration for this class will be held at the Greenbelt Youth Center the first night of class. For more information please call 301-840-9262.

M 6:30pm-7:30pm/YC-Gym

6 mtgs: 7/11 - 8/15

R/NR: \$34



TENNIS AFTERCARE PROGRAM (TAP)

Ages 8-14

This program will promote knowledge of basic skills, principles and agility exercises in a FUN environment intended to foster lifelong participation. Participants will quickly enjoy the skill and experience of rallying, serving and basic sports strategies. Directed by a professional, high-performance coach with more than 20 years of experience.

332601-2 M-F 3:30pm-5:15pm/BFTC-CRT1

9 mtgs: 7/5 - 7/15 (No class 7/4) R: \$77, NR: \$99

332601-4 M-F 3:30pm-5:15pm/BFTC-CRT1

10 mtgs: 8/1 - 8/12 R: \$85, NR: \$110

Instructor: Damon Austin

M-NCPPC

Greenbelt Summer Playground

Greenbelt Elementary School, 66 Ridge Road

301-699-2255

M-NCPPC Summer Playgrounds are for children ages 6-12 and operate Mondays through Fridays from 9:00am to 3:00pm. Every summer, hundreds of children meet at Summer playgrounds for supervised, recreational activities. Open to residents of Prince George's County only. For more information on the program and how to register please call 301-699-2255. Registration begins May 1, 2016. The \$45 fee for Summer Playgrounds is not refundable and non-transferable. NO EXCEPTIONS.

Greenbelt Summer Xtreme Teens

Greenbelt Middle School, 6301 Breezewood Drive

301-699-2255

Schrom Hills Park, 6915 Hanover Parkway

301-699-2255

Teen centers are for youths ages 13-17 and operate Mondays through Fridays from 11:00am to 5:00pm. Every summer, hundreds of teens meet at Summer Xtreme Teens Centers for supervised, recreational activities. Open to residents of Prince George's County only. For more information on the program and how to register please call 301-699-2255. Registration begins May 1, 2016. The \$45 fee for Summer Xtreme Teens is not refundable and non-transferable. NO EXCEPTIONS.



Teen And Adult Programs

VISUAL ARTS

Contact: Ivy McCormick, 240-542-2060,
imccormick@greenbeltmd.gov

SUMMER STAGECRAFT 343208 - 1

Ages 15+

Have fun creating costumes, props and sets for this year's Creative Kids Camp musical theater production, *Summer Circus*. Adult volunteers and teen interns welcome. Program description available at www.greenbeltmd.gov/arts. Skills in painting, papier mache and sewing are helpful but not a pre-requisite. Ages 18+ may enroll directly in this activity to volunteer, work in the studio and/or at home. Ages 15-17 are invited to apply for an internship to work in the studio; follow the link at www.greenbeltmd.gov/arts for more information and an application.

6/6 - 8/19; CC-116. Flexible schedule. No minimum commitment for ages 18+ R/NR: FREE

SEW FOR CHARITY 353242-1

Ages 16+

Enjoy sharing ideas, patterns and materials with fellow sewers while creating crafts for local charities. Projects include blankets for infants and disadvantaged children, baby clothes, hats and pillow cases for cancer patients and other items according to your inspiration. Basic sewing skills required; this is not an instructional program. Participants supply their own machines, sewing supplies and power strips/cords.

Sa 10:00am-2:00pm/CC-113

9 mtgs: 6/25 - 8/20

R: \$5, NR: \$10

CERAMICS

Contact: Ivy McCormick, 240-542-2060,
imccormick@greenbeltmd.gov

FIGURATIVE HAND-BUILDING 353257-1

Ages 16+

Explore figurative sculpture using hand-building techniques. Create people, animals and other organic forms. Beginners and all levels welcome. Class combines group challenge projects with opportunities to pursue self-set goals. Includes Ceramics Open Studio and the use of a shelf. Clay purchased separately.

M 7:00pm-9:30pm/CC-304

8 mtgs: 6/27 - 8/22 (No class 7/4)

R: \$106, NR: \$138

Instructor: Judith Kornett

PAPER RESIST DECORATING 353259-1

Ages 16+

Create spectacular designs using underglazes, engobes and a layering process with paper resists. Techniques will be applied to slabs, tiles and pottery that students prepare in advance and bring to class.

W 7:00pm-9:30pm/CC-304

3 mtgs: 7/13 - 7/27

Instructor: Mary Gawlik

R: \$45, NR: \$59

LEVEL 1 AND 2 WHEEL 353281-1**Ages 16+**

A class for first-time throwers and those with limited experience. Participants will practice basic skills on the potter's wheel as well as glazing techniques. Group instruction is combined with individual support. Ceramics Open Studio included. Clay purchased separately. Use of a personal shelf in the studio is not guaranteed.

Tu 7:00pm-9:30pm/CC-305**9 mtgs: 6/28 - 8/23****R: \$123, NR: \$160****Instructor: Gina Mai Denn****LEVEL 3 AND 4 WHEEL W/RAKU 353283-1****Ages 16+**

Recommended for potters who can throw a range of basic forms and make vessels with handles and feet. Group instruction combined with individual support. The class will also explore the Raku method of fast-firing ceramic art outdoors with instructor Karen Arrington on Saturday 8/16, 10:00am-4:00pm. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf.

M 7:00pm-9:30pm/CC-305**9 mtgs: 6/27 - 8/22 (No class 7/4) R: \$165, NR: \$215****Instructor: Michael Pappas****WOODFIRE WORKSHOP INFORMATION MEETING****453263-2****Ages 16+**

Learn about the new location and procedures for our fall woodfire workshop at Monocacy River Pottery in Thurmont, MD. *See activities 353264-1 and 453263-1 below for related program information.*

Su 5/29; 5:00pm-6:00pm/CC-304 FREE**Instructor: Karen Arrington****WOODFIRE WORKSHOP 453263-1****Age 16+**

For intermediate and advanced potters, this intense, hands-on process requires physical labor and cooperation among participants. The end results are organic, lively, fully-functional pots. Students must attend two instructional meetings at the Community Center as listed below, along with the firing itself which takes place at Monocacy River Pottery in Thurmont, MD (about an hour and half drive from Greenbelt). *See activity 353264-1, below to make wares for this firing.* If you are not registered in the class, advance permission is required to enroll in the workshop only; please write to imccormick@greenbeltnmd.gov. Open Studio not included. Includes 35 lbs Phoenix clay.

***Introductory meeting: F 7/1; 7:00pm-9:00pm/CC-304**
(First day of making pots for wood kiln class)

***Glazing meeting: F 8/26; 7:00pm-9:00pm/CC-304**
(Last day of making pots for wood kiln class)

****Loading: Sa 10/15, Monocacy River Pottery**

***Firing: Sa 10/22, Monocacy River Pottery**

****Unloading: Sa 10/29, Monocacy River Pottery**

R: \$215, NR: \$258*** All participants must attend**

**** Not all participants are needed on both of these dates; shifts will be divided among the group.**

Instructor: Karen Arrington**MAKING POTS FOR A WOOD KILN 353264-1****Ages 16+**

An exploration of forms and surfaces that is well-suited for a wood-kiln. This weekly meeting will give wood-firers dedicated time to produce the volume of pots needed to fill the kiln. Intermediate and advanced wheel-throwers and hand-builders welcome. Enrollment in the Woodfire Workshop is required in order to take this class. *See activity 453263-1.* Includes Ceramics Open Studio and use of a shelf.

F 7:00pm-9:30pm/CC-305**9 mtgs: 7/1 - 8/26****R: \$123, NR: \$160****Instructor: Karen Arrington****CERAMICS OPEN STUDIO 353261-1****Ages 16+**

Independent access for current and former students of the Greenbelt Community Center ceramic programs whenever the studios are not reserved for classes and maintenance. Participants who have not attended a program here within the past 6 months must meet with the Studio Manager for an orientation before using the space. Contact Peter Holden at pholden@greenbeltnmd.gov to schedule. Clay purchased separately. Includes the use of a studio shelf. Participants who are new to this studio must please enroll in a class.

M-Sa: 9:00am-9:45pm, Su 9:00am-6:45pm/CC-304, 305
10 wks: 6/20 - 8/28 R: \$80, NR: \$95

GAFC=Greenbelt Aquatic and Fitness Center;
SHLRC=Springhill Lake Recreation Center;
YC=Youth Center; CC=Community Center;
BF=Braden Field, SHP=Schrom Hills Park

DANCE

Contact: Angella Foster, 240-542-2067
afoster@greenbeltmd.gov

**BALLROOM DANCE SUMMER SERIES****Ages 16+**

Love to watch Fred Astaire or Ginger Rogers? Addicted to *Dancing with the Stars*? Come learn the most popular

American ballroom dance styles from veteran ballroom dancer Kelly McLaughlin. She will teach you the basics you need to look great on the dance floor and feel fabulous doing it! No partner or previous dance experience necessary. See below for more information about all four sessions:

CHA CHA AND EAST COAST SWING 354204-1

The Cha Cha is a lively and fun dance grown out of Cuban musical rhythms. The East Coast Swing is an upbeat style derived from the Roaring 20s and popularized in the 30s and 40s.

W 7:30pm-9:30pm/CC-10**4 mtgs: 6/22 - 7/13****R: \$50, NR: \$55****FOXTROT AND AMERICAN TANGO 354205-1**

This lower impact ballroom class will help you glide across the dance floor with ease and grace, while enjoying some great music along the way.

W 7:30pm-9:30pm/CC-10**4 mtgs: 7/20 - 8/10****R: \$50, NR: \$55****RUMBA AND WALTZ 354208-2**

Drawing on similar movement patterns, the rumba and the waltz are a natural pair; one spicy and one smooth. You'll enjoy sampling both!

Sa 10:00am-12:00pm/CC-10**4 mtgs: 6/18 - 7/16 (No class 7/2) R: \$50, NR: \$55****ARGENTINE TANGO 354211-1**

Argentine Tango mixes cultural rhythms and dance styles from all over the world. From the simplest steps to the most complex patterns, Argentine Tango is about playfulness and experimentation.

Sa 10:00am-12:00pm/CC-10**4 mtgs: 7/23 - 8/13****R: \$50, NR: \$55****Instructor: Kelly McLaughlin****BEGINNING BALLET 354202-1****Ages 15+**

A fun introduction to ballet specifically designed for teen and adult beginners! Emphasis will be on developing strength, flexibility and balance through traditional ballet barre work as well as through conditioning exercises borrowed from Pilates and yoga. Please wear comfortable clothes but nothing too baggy. Soft ballet shoes or bare feet. Leotards and tights not necessary.

M 7:00pm-8:00pm/CC-10**8 mtgs: 6/20 - 8/15 (No class 7/4) R: \$80, NR: \$90****Instructor: Angella Foster****MODERN DANCE FOR ALL 354207-1****Ages 16+**

This open-level class is designed both for beginners and more experienced movers who want to develop their bodies into stronger, more expressive instruments. With an emphasis on developing strength and efficiency, the class will introduce concepts and movement patterns borrowed from Barentieff Fundamentals and a wide range of American modern dance styles. No previous dance experience necessary. All ages and body types welcome. Dress comfortably in clothes that are easy to move in but not too baggy; we will dance barefoot in this class.

Tu 7:00pm-8:00pm/CC-10**8 mtgs: 6/21 - 8/9****R: \$80, NR: \$90****Instructor: Angella Foster****HAND DANCING****Ages 16+**

Hand Dancing is a fun social Swing dance style that developed in the late 1940s, 1950s and 1960s in the D.C./Baltimore areas, where it was variously called fast dance, bop, jitterbug, and eventually Hand Dance. Jerry Hart is a certified Hand Dance instructor for the D.C. Hand Dance Club, which holds dances in Prince George's, Anne Arundel, and Howard Counties. For more information, contact Jerry at jerryh375@gmail.com.

354203-1 M 8:15pm-9:00pm/CC-10**8 mtgs: 6/20 - 8/15 (No class 7/4)****R: \$44, NR: \$54****354203-2 Th 8:15pm-9:00pm/CC-10****8 mtgs: 6/23 - 8/11****R: \$44, NR: \$54****Instructor: Jerry Hart****GREEK FOLK DANCING 354201-1****Ages 16+**

Lose weight and keep fit while having fun expressing your unique personality the Greek way through food and dance! No partner required.

Su 4:30pm-6:30pm/CC-10**8 mtgs: 6/26 - 8/14****R/NR: \$32****Instructor: Chris Tennant**

HEALTH AND FITNESS

Contact (unless otherwise noted): Rebekah Sutfin,
240-542-2056, rsutfin@greenbeltmd.gov

TKA KARATE**Ages 13+**

Contact: Andrew Phelan, 240-542-2194,
aphelan@greenbeltmd.gov

Registration for this class will be held at the Greenbelt Youth Center the first night of class. For more information please call 301-840-9262.

M 7:30pm-9:00pm/YC-Gym

6 mtgs: 7/11 - 8/15

R/NR: \$40

ZUMBA 352401-1**Ages 16+**

It's a party over here! This class features a fusion of Latin and International beats integrating the Zumba formula. You will burn lots of calories and your energy level will soar! It's easy, effective, and a fun workout. Please wear comfortable clothing and shoes. Don't forget to bring water and a towel.

M 7:00pm-8:00pm/CC-202

10 mtgs: 6/20 - 8/29 (No class 7/4)

R: \$50, NR: \$60, Drop-in: \$8 (no cash)

Instructor: Wanda Crawley-Pearson and Donna Lanier

GET OUT, GET FIT**Ages 16+**

This exciting new class features circuit training and HIIT (High Intensity Interval Training) using your own body weight. All classes are held at the new outdoor fitness zone at Schrom Hills Park and will include stations of cardio, strength, plyometrics and core training. All levels of fitness welcome!

352301-1 Tu/Th 6:30pm-7:15pm/SHP

12 mtgs: 6/21 - 7/28

R: \$72, NR: \$82

352301-2 Sa 7:30am-8:15am/SHP

6 mtgs: 7/9 - 8/13

R: \$36, NR: \$41

Instructor: Jerriann King

GENTLE YOGA 352201-1**Ages 16+**

This class is designed to offer a gentle but powerful practice of yoga suitable for anyone, including seniors. We will explore yogic breathing, gentle postures and simple mediation techniques to help release tension, strengthen and stretch your body, enliven your spirit and increase your sense of well-being. Bring a mat and blanket to class and refrain from eating 2 hours before class. *Drop-ins are not permitted for this class.*

Tu 6:00pm-7:15pm/CC-202

8 mtgs: 6/21 - 8/9

R: \$64, NR: \$74

Instructor: Laura Bonkosky

YOGA AND CORE CONDITIONING 352202-2**Ages 16+**

Develop strength, flexibility, balance and a sense of well-being by combining postures, breathing practices and deep relaxation of yoga with toning and core strengthening movements. Bring a mat. Don't eat 2-3 hours before class. *Drop-ins are not permitted for this class.*

Th 7:00pm-8:15pm/CC-202

10 mtgs: 6/23 - 8/11

R: \$64, NR: \$74

Instructor: Laura Bonkosky

FUN YOGAMIX 352220-1**Ages 16+**

A fun and gentle yoga mix of breathing, poses, meditation and laughter therapy. Please bring a mat and a blanket to each class. Beginners welcome; no experience necessary. For more information, email instructor at yogatina@yahoo.com.

Th 6:00pm-7:00pm/CC-202

8 mtgs: 7/30 - 8/18

R: \$56, NR: \$66, Drop-in: \$10 (no cash)

Instructor: Tina McCloud

LUNCHTIME YOGA 352221-1**Ages 16+**

This mixed level class offers a balanced practice of warm-ups, postures, yogic breathing, meditative awareness and relaxation designed to stretch, strengthen and energize your body and release tension. Bring a mat. Don't eat 2-3 hours before class. *Drop-ins are not permitted this session.*

Tu 12:30pm-1:30pm/Municipal Building

8 mtgs: 6/21 - 8/9

R: \$64, NR: \$74

Instructor: Laura Bonkosky

YOGA NIDRA**Ages 16+**

Yoga Nidra is a very accessible form of meditation, rooted in ancient yoga traditions, but uniquely suited to our modern times. The benefits of Yoga Nidra include reduced stress, anxiety and insomnia, and increased confidence and well-being. You will be guided through the meditation while lying on a yoga mat or comfortably seated. This systematic practice uses intention setting, affirmations, awareness of the body and breath, and self-inquiry to cultivate greater self-awareness, inner peace and a deeper connection to life. Please bring your yoga mat, blankets, and a pillow or bolster. No yoga or meditation experience is necessary. For more information, email laura.bonkosky@gmail.com.

F 7:00pm-8:00pm/CC-10

R/NR: \$11, Drop-in: \$15

352403-1B 7/08

352403-1C 8/05

Instructor: Laura Bonkosky

PILATES I 352210-1**Ages 16+**

A classic Pilates workout covering basic exercises for strengthening core muscles, and improving posture, balance and flexibility. Bring a mat or blanket and a 10-pound sandbag or bag of rice as a foot weight.

W 8:00pm-9:00pm/CC-202

10 mtgs: 6/22 - 8/24

R: \$100, NR: \$110

Instructor: Catherine Turner

PILATES II 352205-1**Ages 16+**

Prerequisite: Pilates I or equivalent class (not video) experience and core strength. Class includes basic intermediate exercises for greater flexibility and core strength. Class will move at a faster pace, focusing on flow. Bring a mat and a 10-pound sandbag or rice bag as a foot weight.

W 6:45pm-7:45pm/CC-202

10 mtgs: 6/22 - 8/24

R: \$100, NR: \$110

Instructor: Catherine Turner

AQUATICS CLASSES see pages 24-25.

AGELESS GRACE see page 16 for class information.

TAI CHI ALL LEVELS 352206-1**Ages 16+**Visit www.skyvalleytaiji.com for more information.**Sa 9:00am-10:00am/CC-106****9 mtgs: 7/2 - 8/27****R: \$63, NR: \$73****Instructor: Taj Johnson****TAI CHI LEVELS I/II 352207-1****Ages 16+**

Beginning levels of Yang Simplified Tai Chi Form instruction as developed by Cheng, Man-Ch'ing (37 postures).

W 6:30pm-7:30pm/YC-Multi**10 mtgs: 6/22 - 8/24****R: \$70, NR: \$80****Instructor: Linda Uphoff****TAI CHI LEVEL III 352208-1****Ages 16+**

Training and corrections for students who have completed instruction in Cheng Man-Ch'ing's simplified Yang Form. Instructor approval is required. Call 301-345-5386 if you have questions.

W 7:30pm-8:30pm/YC-Multi**10 mtgs: 6/22 - 8/24****R: \$70, NR: \$80****Instructor: Linda Uphoff*****FIT 'N' FUN CARDIO AND ULTIMATE GROOVE
WILL RETURN IN THE FALL*****OUTDOORS****Contact: Alison Longworth, 240-542-2198,
alongworth@greenbeltmd.gov****Leave
No
Trace™****Center for Outdoor Ethics | LNT.org****LEAVE NO TRACE HIKE****357601-01****Ages 15+**

Enjoy YOUR World with this fun LNT hike at Northway Fields. We will offer a formal 1 hour Leave No Trace program

and then apply our new knowledge in a casual hike through North Woods Trail. Please dress for the weather and bring plenty of water.

Sa 6/25; 9:00am-12:00pm/YC-Multi FREE**Instructor: Alison Longworth****ATHLETICS****Contact: Andrew Phelan, 240-542-2194,
aphelan@greenbeltmd.gov****LADIES NIGHT BASKETBALL 362424-1****Ages 18+**

All women 18 and over may participate during ladies night. Greenbelt Recreation Facility ID required. For additional information contact Springhill Lake Recreation Center at 301-397-2212.

Th 8:00pm-9:45pm/SHLRC-Gym**8 mtgs: 6/23 - 8/11****FREE****R: Resident****NR: Non-resident****PH: Passholder****RNPH: Resident, non-passholder****NRNPH: Non-resident, non-passholder****SPECIAL INTERESTS****Individual contacts listed below.****BEGINNER SIGN LANGUAGE 357201-1****Ages 16+****Contact: Karen Haseley, 240-542-2054,****khaseley@greenbeltmd.gov**

Learn American Sign Language. This is a total immersion class focusing on basic signs, vocabulary and communication skills.

Th 6:15pm-7:45pm/YC-Multi**6 mtgs: 6/2 - 7/7****R: \$30, NR: \$38****Instructor: Michael Dunham****INTERMEDIATE SIGN LANGUAGE (LEVEL 3) 357203-1****Ages 16+**

Continue to use conversation skills and increase vocabulary.

Th 8:00pm-9:30pm/YC-Multi**6 mtgs: 6/2 - 7/7****R: \$30, NR: \$38****Instructor: Michael Dunham****FIRST AID/CPR/AED****Ages 13+****Contact Greenbelt Aquatic and Fitness Center,
301-397-2204**

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification. Learn to recognize and respond appropriately to cardiac, breathing, and first aid emergencies in adults, children and infants. This course teaches skills, including CPR and the use of an AED, that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. This class follows the Blended Learning format which combines online learning with an in-person skills session where participants will practice skills and demonstrate competency. Due to the online portion of this class, registration closes one week prior to start date. There is an additional \$27 certification fee that must be paid to the American Red Cross when registering for the online portion of the class. Participants MUST complete the online session of the training two (2) days prior to the classroom skills session.

PH: \$31**RNPH: \$35****NRNPH: \$39****357177-1 F 6/10; 6:00pm-8:00pm/GAFC-Class****357177-2 F 7/8; 6:00pm-8:00pm/GAFC-Class****357177-3 F 8/12; 6:00pm-8:00pm/GAFC-Class****STRATEGY GAMES CLUB 387501-1****Ages 10+****Contact: Karen Haseley, 240-542-2054,****khaseley@greenbeltmd.gov**

Exercise your brain playing a variety of strategy games: Carcassonne, Go, Mah Jongg. Traditional strategy games. Chess, Checkers, Backgammon and Jenga, are also available. Come join in the fun!

Tu 7:15pm-9:15pm/YC-Multi**12 mtgs: 6/21 - 9/6****FREE****Instructor: Karen Haseley**



SENIOR CENTER

The Senior Game Room and Lounge are open to senior citizens, ages 60 and over, during regular operating hours. For more information call 301-397-2208.

GREENBELT SENIOR PROGRAMS

The Senior Game Room and Lounge are open to senior citizens, ages 60 and over, during regular operating hours. Call 301-397-2208 for more information.

GOLDEN AGE CLUB

The Golden Age Club meets every Wednesday from 11:00am-12:00pm in the Community Center Room 201. Activities include speakers, special programs and field trips. For membership information, Call Phyllis Budin at 301-345-3879.

HUNGRY??

The Senior Nutrition Program serves hot lunches at 12:00pm Monday through Friday in the commercial kitchen at the Community Center. Senior citizens must reserve a hot lunch at least two days in advance to ensure that enough meals are delivered. Requested meal donation is \$3. Please call 301-397-2208 x4215 to make reservations.

BILLIARDS

The senior game room is open for senior citizens to play pool at any time, with the exception of Thursday and Friday afternoons when the Bridge players use the game room. Call 301-397-2208 for more information.

UPCOMING SENIOR SPECIAL EVENTS

Not For Seniors Only:

Revitalize Your Life!

June 4, 1:00pm-3:00pm

Greenbelt Community Center Room 201

Active Aging Week

Explore The Possibilities

September 25 - October 1

Stop by a Recreation Department Facility in early September to pick up an Active Aging Week flyer



HEALTH AND FITNESS

Contact: Karen Haseley for ALL senior adult programs, 240-542-2054, khaseley@greenbeltmd.gov

AGELESS GRACE

Ages 16+

Ageless Grace® is timeless fitness for the body and mind consisting of 21 simple tools for lifelong comfort and ease. These fun and imaginative exercises are practiced in a chair and they focus on movement sequences that are natural and playful. Students always leave class with a huge smile on their faces.

372226-1 F 11:00am-12:00pm/CC-114

9 mtgs: 7/1 - 8/26

R: \$36, NR: \$45; Drop-in: R: \$5, NR: \$6

Instructor: Karen Haseley

372226-2 Tu 1:30pm-2:30pm/CC-114

6 mtgs: 6/21 - 7/26

R: \$24, NR: \$30; Drop-in: R: \$5, NR: \$6

Instructor: Marsha Voigt

372226-4 Th 11:00am-12:00pm/CC-114

6 mtgs: 6/23 - 7/28

R: \$24, NR: \$30; Drop-in: R: \$5, NR: \$6

Instructor: Marsha Voigt

372226-3 Tu 1:30pm-2:30pm/CC-114

5 mtgs: 8/2 - 8/30

R: \$20, NR: \$25; Drop-in: R: \$5, NR: \$6

Instructor: Marsha Voigt

PICKLEBALL 372210-1

Ages 60+

Pickleball is a cross between tennis and badminton. It is loads of fun and gaining popularity throughout the US.

M 4:15pm-5:15pm/CC-106

9 mtgs: 6/20 - 8/22 (No class 7/4) **FREE**

GET WII ACTIVE 372201-1

Ages 60+

Come join the Wii Active group and have fun using the Wii to bowl! Other Wii games are available too. Let's get Wii Active!

F 1:00pm-3:00pm/CC-114

20 mtgs: 6/24 - 8/26 **FREE**

WALK WITH EASE 372203-2

Ages 16+

This Arthritis Foundation program is an exercise program that can reduce pain and improve overall health. If you can be on your feet for 10 minutes without increased pain, you can have success with Walk With Ease. This program will help get you motivated to get in great shape, learn how to walk safely and comfortably, improve your flexibility, strength and stamina, reduce pain and help you feel great. If you have previously taken WWE at Greenbelt, the class price is \$10.

M/W/F 7:00pm-8:00pm/SHP-SHPCC

18 mtgs: 6/20 - 8/1 (No class 7/4)

R: \$25, NR: \$30, Returning students: \$10

Instructor: Betty Timer

WALK ON ROUTE 66 372206-1

Ages 60+

Walk the cool gym and *Get your kicks on Route 66!* The group will record how many laps have been walked. How far will you go? Can the group make it all the way to LA this summer? This is also a great way to work on your Walk With Ease walking contracts.

Tu 4:15pm-5:15pm/CC-106

11 mtgs: 6/21 - 8/30

FREE

HOLY CROSS SENIOR EXERCISE 372202-1

Ages 55+

Increase strength, muscular endurance and improve flexibility for greater mobility. **PLEASE NOTE:** This class will meet at the SHL Gym from June 20 through August 19. It will meet in the CC Gym beginning August 22.

M/W/F 9:00am-9:45am/SHLRC-Gym

32 mtgs: 6/20 - 9/2 (No class 7/4) **FREE**

Instructor: Karl Haddad

SENIOR SWIM see Page 25.

SPECIAL INTEREST

GIFTS FROM THE HEART 373208-1

Ages 16+

Stitchers of all levels (beginners included) will continue to create items to donate to local charitable organizations. Yarn and needles provided. All ages welcome! Instruction is available from group members.

F 10:00am-12:00pm/CC-109

12 mtgs: 6/24 - 9/9

R: \$5, NR: \$10

BRIDGE

Ages 60+

Call Robin Schlauch (301-474-2605) if you are interested in joining these groups. They are NOT instructional programs.

THURSDAY BRIDGE 379202-1

Th 12:30pm-3:30pm/CC-109

11 mtgs: 6/23 - 9/8 (No class 9/1)

FRIDAY BRIDGE 379202-3

F 12:30pm-3:30pm/CC-109

11 mtgs: 6/24 - 9/9 (No class 9/2)

PINOCHLE 379204-1

Ages 60+

No registration required; drop-in program.

W 12:00pm-3:30pm/CC-109

12 mtgs: 6/22 - 9/7

STRATEGY GAMES CLUB 387501-1

Ages 10+

Exercise your brain playing a variety of strategy games: Carcassonne, Go, Mah Jongg. Traditional strategy games, Chess, Checkers, Backgammon and Jenga, are also available. Come join in the fun!

Tu 7:15pm-9:15pm/YC-Multi

12 mtgs: 6/21 - 9/6

Instructor: Karen Haseley

FACILITY CODES

GAFC=Greenbelt Aquatic and Fitness Center,
SHLRC=Springhill Lake Recreation Center,
YC=Youth Center, CC=Community Center,
BF=Braden Field, SHP=Schrom Hills Park

Seasoned Adults Growing Educationally (SAGE)

A \$75 per semester fee is assessed for SAGE classes for participants age 60 and over. Once this fee is paid to Prince George's Community College, students may take as many SAGE continuing education classes as they like. Participants **MUST** pre-register. NO REGISTRATIONS ARE ALLOWED AFTER THE CLASS HAS BEGUN! Registration forms are available at the Greenbelt Community Center. To register or for more information, call PGCC at 301-322-0159. SYN: OwlLink Reference numbers for online registration with the college at www.pgcc.edu. Most SAGE classes begin the week of June 6, 2016.

STRETCHING BEYOND 372220-1

SYN: 11506

This holistic fitness class will bring strength and balance to the mind, body and spirit. It is a combination of mild aerobics, strength training using hand weights, and stretching and balancing exercises completed by a relaxation of the mind-body. PLEASE NOTE: The class meets in the Springhill Lake Clubhouse on Tuesdays and in the Springhill Lake Gym on Thursdays.

Tu 10:00am-11:00am/SHLRC-Clubhouse

Th 10:00am-11:00am/SHLRC-Gym

14 mtgs: 6/14 - 7/28

Instructor: Nancy Shaffer

LINE DANCING 372221-1

SYN: 11502

Great for beginners or advanced dancers. Socialize, exercise and improve your memory by learning to line dance. Basic line dance steps are taught and lots and lots of dances are performed: some old, some new, some country western, some urban, some soul. Learn to adapt the dances to the music that you might have.

W 1:30pm-3:30pm/LIBRARY-Meeting Room

15 mtgs: 6/8 - 9/14

Instructor: Bob Meadows



*TUESDAY YOGA 372223-4

PLEASE NOTE: This class will meet in the Community Center room 10 from August 23 through September 13.

Tu 10:00am-12:00pm/SHLRC-Gym 15 mtgs: 6/7 - 9/13

Instructor: Christine Romero

*FRIDAY 372223-2

PLEASE NOTE: This class will meet in the Community Center room 10 from August 26 through September 16.

F 10:00am-12:00pm/SHLRC-Gym 15 mtgs: 6/10 - 9/16

Instructor: Christine Romero

***You *MUST* register at the Greenbelt Community Center for these classes, NOT through PGCC.**

*INTERMEDIATE YOGA 372223-1

Advanced Beginner to Intermediate Level for students with some experience in Yoga. All poses can be adapted to the individual. PLEASE NOTE: This class will meet in the Community Center room 10 from August 24 through September 14.

W 10:00am-12:00pm/SHLRC-Gym

15 mtgs: 6/8 - 9/14

Instructor: Christine Romero

*MIXED YOGA 372223-3

This is a mixed level yoga class. PLEASE NOTE: This class will meet in Community Center room 10 from August 22 to September 12.

M 10:00am-12:00pm/SHLRC-Gym

13 mtgs: 6/6 - 9/12 (No class 7/4, 9/5)

Instructor: Kamla Gupta Smith

*HISTORY THROUGH HOLLYWOOD 377229-1

This class will review various historically-themed films and discuss their context accuracy. Films include *Public Enemies*, *Culloden*, *The Suffragette*, *Bridge of Spies*, and hopefully *The Revenant*, along with a review of a PBS World War II documentary and a straight history class on *The ULTRA Secret: Cracking German Ciphers in World War II*.

M 6:00pm-8:00pm/CC-114

7 mtgs: 7/11 - 8/22

Instructor: Tim Mulligan

HOLLYWOOD'S PORTRAYAL OF AMERICAN

PRESIDENTS 377221-1

SYN: 11510

Motion pictures will be used to show how the film industry has portrayed American presidents, both real and fictional. *Sunrise at Campobello*, with Ralph Bellamy and *Fail Safe* with Henry Fonda are film examples.

W 1:15pm-3:15pm/CC-114

15 mtgs: 6/8 - 9/14

Instructor: Larry Suid

HISTORY THROUGH HOLLYWOOD: IT HAPPENED

ONE SUMMER 377223-1

SYN: 12333

Learn how to evaluate films within historical context, understand how film is used to influence the viewer, and critique a film. Films will include *The 7 Year Itch* with Marilyn Monroe, *The Endless Summer*, the perennial surf movie, *Beach Blanket Bingo*, with teen heartthrobs Annette Funicello and Frankie Avalon and – hey, who's that guy looking out of the *Rear Window*?

Th 1:00pm-3:00pm/CC-114

7 mtgs: 6/9 - 7/21

Instructor: Denise Cross

ROYAL OPERA: OPERA'S KINGS AND QUEENS**[PART I] 373222-1****SYN: 11488**

This course presents seven operas dealing with royal personages including kings, queens, princesses and emperors. Famous and little known operas sung in a variety of languages, including Italian, French and English with international casts, will be explored in video formats with English subtitles. The operas include: *Dido and Aeneas* (Purcell), *Anna Bolena* (Donizetti), *Aida* (Verdi), *La Donna del Lago* (Rossini), *Montezuma* (Vivaldi), *Henry VIII* (Saint-Saens) and *Idomeneo* (Mozart).

W 10:00am-12:00pm/CC-114**7 mtgs: 6/8 - 7/20****Instructor: John Cahill****ART AND LIFE OF ITALIAN RENAISSANCE 377211-1****SYN: 11491**

Using the developments of art in Italian cities, we will frame the culture and life style as people emerged from the Gothic era, the papal wars and the transition to a mercantile structure of commerce. Innovation in art reflects the innovation in economic trade as foreign sources of ideas reach Italy. Trace the milestones of great artists and great art. Highlights of important paintings, sculptures and architectures will be the primary targets of this class.

Tu 10:30am-12:30pm/CC-114**14 mtgs: 6/7 - 9/13 (No class 9/6)****Instructor: Michael Crane****1920s BEST SELLING UK NOVELS 377228-1****SYN: 12335**

A consideration and overview of the United Kingdom's best-selling novels released in the Roaring Twenties. Many of the novels selected for reading will be available from the Gutenberg Project at no cost to download and the county library system. Students interested in enrolling should contact Dolores, dahhav@aol.com, to receive a reading list as early as possible.

Th 1:00pm-3:00pm/CC-114**7 mtgs: 7/28 - 9/15 (No class 9/1)****Instructor: Dolores Haverstick****THE ASSASSINATION OF SEGREGATION 377225-1****SYN: 11496**

The practice of segregation in the Southern states from 1877 - 1865 took place against the backdrop of arguably the most explosive century in American history. Three presidents were assassinated, three civil rights leaders were murdered and four wars were fought. How has this violent century molded the personality of the United States to this day? Have we ever really been told the truth about the assassinations? How did segregation actually end, and who was responsible?

Tu 5:30pm-7:30pm/CC-109**15 mtgs: 6/7 - 9/13****Instructor: Mark Croatti****FRENCH CULTURE JOURNEY 377227-1****SYN: 11509**

Deepen your appreciation of Albert Camus' stature as a writer and champion of humanism through the bi-lingual readings of *L'Etranger*. Singing songs, watching cinema and practicing short, lively conversations, all in French, will strengthen your proficiency while having fun.

Th 10:30am-12:30pm/CC-114**7 mtgs: 8/4 - 9/15****Instructor: Charles Sleeth****EASY FRENCH COOKING**

Though French cooking comes with scary words like "classical", or "Haute Cuisine", it is at its core really very simple. That is if all you want to do is to have an elegant dining experience with friends and family. Of course there are numerous complex tricks that French chefs employ to get their famous cuisine to look and taste just so. The key is to learn their cooking methods. But that will come as you progress and gain confidence in your kitchen.

R/NR: \$30 (Food fee payable to City of Greenbelt)**377201-1****SYN: 11504****Tu 3:15pm-5:45pm/CC-107****6 mtgs: 6/7 - 7/12****377201-2****SYN: 11505****Tu 3:15pm-5:45pm/CC-107****13 mtgs: 7/26 - 8/30****Instructor: Kofi Otchere****VIROLOGY AND SUPERBUGS 377212-1****SYN: 12332**

Students will be introduced to the origins, types, benefits and dangers of viruses and superbugs and their relationships to each other. Many other intriguing aspects of viruses and superbugs will be covered.

W 10:00am-12:00pm/CC-114**7 mtgs: 8/3 - 9/14****Instructor: Michael Blumenstock****ASTRONOMY 377230-1****SYN: 11485**

Students will be introduced to the elements of astronomy including the planets, stars, galaxies, and their relationship to each other and Earth. Many other intriguing aspects of space, from the past to the present day will also be covered.

M 1:00pm-3:00pm/CC-114**13 mtgs: 6/6 - 9/12 (No class 7/4, 9/5)****Instructor: Michael Blumenstock****ARCHAEOLOGICAL MYSTERIES 377224-1****SYN: 11497**

Unexplained artifacts have been discovered all over the globe. They call into question everything we thought we knew about the ancient world, including when the first calculating device was invented, who "discovered" America first, if the Vikings made it to the North American mainland, the location of the lost tomb of the family members of Jesus, and whether or not the Shroud of Turin is the world's first photograph.

Th 5:30pm-7:30pm/CC-109**15 mtgs: 6/9 - 9/15****Instructor: Mark Croatti**

SENIOR GLOBETROTTING

All trips leave from the library parking lot. Please note: Trip cancellations must be made no later than 36 hours in advance for a refund. Refunds will be awarded according to the provisions in the City of Greenbelt Resolution No. 65. A 10% processing fee will be assessed if money is refunded. Refunds are NOT guaranteed. Contact: Karen Haseley, 240-542-2054, khaseley@greenbeltmd.gov.

SHOPPING TRIPS

Ages 60+

Transportation to and from the malls. Lunch is on your own. Green Ridge House residents will be picked up at Green Ridge House.

R: \$3, NR: \$4

ANNAPOLIS MALL 278202-3

Th 6/9; 9:30am-3:00pm

ARUNDEL MILLS AND WALMART 378201-1

Th 7/14; 9:30am-3:00pm

COLUMBIA MALL 378201-2

Th 8/11; 9:30am-3:00pm

BOWIE TOWN CENTER 378201-3

Th 9/8; 9:30am-3:00pm

SENIOR BINGO/BAYSOX 378202-1

Ages 60+

Enjoy some great Bowie Baysox baseball action while enjoying a delicious two-hour lunch buffet and "Christmas in July" themed Bingo in the climate-controlled Diamond View Restaurant overlooking home plate. Price includes transportation, lunch, game ticket and bingo.

W 7/27; 9:45am-3:00pm

R: \$40, NR: \$50



LUNCH AND LEARN 378203-1

Ages 60+

Collington Continuing Life Care Community has invited you to participate in a Lunch and Learn program at Collington. Ride Collington's bus, enjoy an educational program on downsizing and have a delicious lunch. Registration is required.

Th 8/4; 11:00am-3:00pm

R/NR: \$2



HAIRSPRAY AT TOBY'S DINNER THEATER 378205-1

Ages 60+

It's 1962 and Baltimore teen, Tracy Turnblad, has only one desire - to dance on the popular Corny Collins Show. When her dream comes true, Tracy is transformed from social outcast to sudden star, but she must use her newfound power to vanquish the reigning Teen Queen, win the affections of heartthrob Link Larkin and integrate a TV network - all without denting her 'do!

W 8/17; 9:45am-4:00pm

R: \$62, NR: \$78

HOLOCAUST MUSEUM 378204-1

Ages 60+

Take a blast to the past by enjoying the wonderful artifacts of the Holocaust Museum. Then soothe your bellies at one of the oldest and finest restaurants in DC, the Old Ebbitt Grill. Don't miss out on this archival, amazing, astonishing adventure! See you there!

Th 9/1; 9:30am-4:00pm

R: \$40, NR: \$50

All the bus trips are partially subsidized by the City of Greenbelt, through the Golden Age Club. All trips will be run on a lottery basis. The lottery will be spun on June 3. Any resident who signs up for the trips listed before 4:30pm on June 3 will be included in the lottery. If there are openings after the lottery has spun, these seats will be filled on a first come, first-served basis. This will give all residents an equal opportunity to participate in the trips. If you have any questions, please call 301-397-2208.

PLEASE NOTE: Beginning June 13, any trip that is not filled will be open up to those younger than 60. If interested in participating, please call 240-542-2054.



Aquatic And Fitness Center

101 Centerway ~ 301-397-2204 ~ www.greenbeltmd.gov/GAFC

Indoor Pool and Fitness Wing
Monday - Friday 6:00am-10:00pm
Saturday and Sunday 8:00am-9:00pm
Summer Holidays 8:00am-8:00pm

Outdoor Pool
Monday - Friday 11:00am-8:00pm
Saturday and Sunday 10:00am-8:00pm
Summer Holidays 10:00am-7:45pm

Summer Daily Admission Rates

	Greenbelt Resident	Non-Resident Weekday	Guest Fee
Youth (1-13 yrs)	\$3.25	\$4.50	\$4.50
Young Adult (14-17 yrs)	\$4.25	\$5.50	\$5.50
Adult (18-59 yrs)	\$5.25	\$6.50	\$6.50
Senior (60+)	\$3.75	\$5.50	\$5.50

Weekends and Holidays between the dates of May 28, 2016 and September 5, 2016 are restricted to passholders, Greenbelt residents, and their guests (limit of 3 guests per person). Greenbelt Residents are required to show proof of residency when paying daily admission.

Important Reminders

- The indoor pool will be closed from August 21 at 8:00pm through August 29 at 6:00am for annual cleaning. The Fitness Wing will be closed August 22 and 23 for annual cleaning.
- All members are required to scan their pass to gain entry into the Aquatic and Fitness Center. Please see guidelines on becoming a member.
- Swimming must cease and pools must be vacated 15 minutes before the scheduled end of day for maintenance and closing procedures.
- Aquatic classes take precedence over recreational swimming. Patrons may use whatever sections of the pool are not being utilized by classes. A minimum of three (3) lap lanes are available at all times, except during indoor swim team practices when no lap lanes are available.
- The facility closes at 8:00pm the third Sunday of every month for staff training. The indoor pool closes at 7:45pm this day.
- The hot tub closes at noon every other Wednesday for regular cleaning.
- All passes are non-refundable and non-transferable.

Becoming a Member

Becoming a member is easy – just follow these steps:

1. Stop by the Greenbelt Aquatic and Fitness Center front desk and ask to become a member.
2. Staff will enter you into our computer system.
3. Make payment.

If you are purchasing a Resident Membership, you will be required to provide proof of residency in the form of a state issued photo ID or current lease with a valid Greenbelt address. Without proof of residency at a valid Greenbelt address, you can only be issued a Non-Resident Membership at the Non-Resident Membership rate.

Explanation of Membership Passholder Categories

Youth Membership: 1-13 years of age

Young Adult Membership: 14-17 years of age

Adult Membership: 18-59 years of age

Senior Membership: 60 years of age and older

Single Parent Family Membership: One adult and single dependents, under the age of 21, residing permanently in the same household.

Family Membership: Two adults and single dependents, under the age of 21, residing permanently in the same household.

Residents: Those residing within the corporate limits of Greenbelt who pay City taxes and are entitled to vote in City elections (Greenbelt Road and 6999-7699 Hanover Parkway are not considered Greenbelt addresses.)

Non-Residents: Those residing outside the corporate limits of Greenbelt.

SUMMER MEMBERSHIPS (VALID FROM MAY 28-SEPTEMBER 5, 2016)		
	Resident	Non-Resident
Youth	\$61	\$140
Young Adult	\$95	\$176
Adult	\$128	\$210
Senior	\$63	\$156
Single Parent Family	\$186	\$351
Family	\$254	\$402

HALF-SUMMER MEMBERSHIPS (VALID FROM JULY 1-SEPTEMBER 5, 2016)		
	Resident	Non-Resident
Youth	\$41	\$94
Young Adult	\$64	\$118
Adult	\$86	\$141
Senior	\$42	\$105
Single Parent Family	\$125	\$236
Family	\$161	\$271

12 MONTH MEMBERSHIPS					
RESIDENT					
Youth	Young Adult	Adult	Senior	Single Parent Family	Family
\$116	\$182	\$249	\$128	\$365	\$514
NON-RESIDENT					
Youth	Young Adult	Adult	Senior	Single Parent Family	Family
\$249	\$312	\$375	\$262	\$623	\$671



The Greenbelt Aquatic and Fitness Center is hosting a Family Swim Night in the Outdoor Pool each month of the summer! The events will be held on the following **Fridays: June 17, July 15, and August 19 from 8:00pm-10:00pm**. Admittance to the pool will be \$5.00 for all families, including passholders. Bring your pool toys and the whole family for an evening of fun! Check with the pool for details about the upcoming events.

Family Fun Night is designed to give families an opportunity to spend an evening together in a recreational atmosphere. Entering family must have at least one adult. Families will be charged \$1.00 for each additional non-family member, with a limit of three non-family members per group. In case of inclement weather, the event will be moved to the Indoor Pool.

GREENBELT AQUATIC AND FITNESS CENTER REGISTRATION DATES

Register at the Aquatic And Fitness Center between 6:00am and 10:00pm for all dates noted below.

Please do not pre-write checks. All classes require registration unless otherwise noted.

CLASS RATES DO NOT INCLUDE USE OF FITNESS WING OR POOLS BEFORE OR AFTER CLASS TIMES.

Youth Swim Lessons and Registration Dates

Saturday Session: June 18 - August 13

Passholders and Residents register: June 6-7

Open Registration: June 8

Weekday I Session: June 21-24, June 28 - July 1

Passholders and Residents register: June 6-7

Open Registration: June 8

Weekday II Session: July 12-15, July 19-22

Passholders and Residents register: July 2-4

Open Registration: July 5

Weekday III Session: August 2-5, August 9-12

Passholders and Residents register: July 23-24

Open Registration: July 25

Adult Swim Lessons and Registration Dates

Session I: June 7-30

Session II: July 19 - August 11

Passholders and Residents register: May 23-24

Open Registration: May 25

Water Exercise Classes and Registration Dates

Session I: June 1 - June 26

Session II: July 6 - July 30

Session II: August 10 - September 4

Passholders and Residents register: April 25-26

Open Registration: April 27 until classes are filled

The indoor pool will be closed from August 21 at 8:00pm through August 29 at 6:00am for annual cleaning. The Fitness Wing will be closed August 22nd and 23rd for annual cleaning.

SWIM LESSONS

Contact: Greenbelt Aquatic And Fitness Center,
301-397-2204

AQUA TOTS I

Ages 6 months-2 years

Parents learn how to safely work with their child in the water, including how to appropriately support and hold their child in the water and how to prepare and encourage their child to participate fully and try the skills. Children receive an introduction to basic skills that lay a foundation for learning to swim. In addition, parents are introduced to several water safety topics. Each child must be accompanied into the water by only one adult dressed in a bathing suit prepared to participate in class. Children who wear diapers are required to wear a swim diaper underneath a bathing suit.

PH: \$43 RNP: \$48 NRNP: \$54

Saturday - 8 mtgs: 6/18 - 8/13 (No class 7/2)

321116-A Sa 8:15am-8:45am/GAFC

321116-C Sa 3:15pm-3:45pm/GAFC

Weekday I - 8 mtgs: 6/21 - 7/1

321116-1A Tu/W/Th/F 8:15am-8:45am/GAFC

Weekday II - 8 mtgs: 7/12 - 7/22

321116-2A Tu/W/Th/F 8:15am-8:45am/GAFC

Weekday III - 8 mtgs: 8/2 - 8/12

321116-3A Tu/W/Th/F 8:15am-8:45am/GAFC



AQUA TOTS II

Ages 2-4

Parents and children improve on the skills from Aqua Tots I and learn more advanced skills. Water safety topics are also included in this level. Each child must be accompanied into the water by only one adult dressed in a bathing suit prepared to participate in class. Children who wear diapers are required to wear a swim diaper underneath a bathing suit.

PH: \$43 RNP: \$48 NRNP: \$54

Saturday - 8 mtgs: 6/18 - 8/13 (No class 7/2)

321117-A Sa 8:15am-8:45am/GAFC

321117-B Sa 2:30pm-3:00pm/GAFC

Weekday I - 8 mtgs: 6/21 - 7/1

321117-1A Tu/W/Th/F 8:15am-8:45am/GAFC

Weekday II - 8 mtgs: 7/12 - 7/22

321117-2A Tu/W/Th/F 8:15am-8:45am/GAFC

Weekday III - 8 mtgs: 8/2 - 8/12

321117-3A Tu/W/Th/F 8:15am-8:45am/GAFC

PRESCHOOL BEGINNER**Ages 3-5**

Become comfortable in the water. This preschool program is designed for young children who have not yet finished kindergarten but are able to perform independently; parent participation is not permitted. Students will learn to be comfortable in shallow and deep water and practice floating techniques. Proper leg and arm movements for strokes will be introduced.

PH: \$47 RNPH: \$52 NRNPH: \$59

Saturday - 8 mtgs: 6/18 - 8/13 (No class 7/2)

321118-A Sa 9:00am-9:30am/GAFC

321118-B Sa 9:45am-10:15am/GAFC

321118-C Sa 10:30am-11:00am/GAFC

321118-D Sa 11:15am-11:45am/GAFC

Weekday I - 8 mtgs: 6/21 - 7/1

321118-1A Tu/W/Th/F 9:00am-9:30am/GAFC

321118-1B Tu/W/Th/F 9:45am-10:15am/GAFC

321118-1C Tu/W/Th/F 10:30am-11:00am/GAFC

321118-1D Tu/W/Th/F 11:15am-11:45am/GAFC

Weekday II - 8 mtgs: 7/12 - 7/22

321118-2A Tu/W/Th/F 9:00am-9:30am/GAFC

321118-2B Tu/W/Th/F 9:45am-10:15am/GAFC

321118-2C Tu/W/Th/F 10:30am-11:00am/GAFC

321118-2D Tu/W/Th/F 11:15am-11:45am/GAFC

Weekday III - 8 mtgs: 8/2 - 8/12

321118-3A Tu/W/Th/F 9:00am-9:30am/GAFC

321118-3B Tu/W/Th/F 9:45am-10:15am/GAFC

321118-3C Tu/W/Th/F 10:30am-11:00am/GAFC

321118-3D Tu/W/Th/F 11:15am-11:45am/GAFC

BEGINNER I**Ages 5-10**

Become comfortable in the water. Students will learn to be comfortable in shallow and deep water and practice floating techniques. Proper leg and arm movements for strokes will be introduced.

PH: \$47 RNPH: \$52 NRNPH: \$59

Saturday - 8 mtgs: 6/18 - 8/13 (No class 7/2)

331120-A Sa 9:00am-9:30am/GAFC

331120-B Sa 9:45am-10:15am/GAFC

331120-C Sa 10:30am-11:00am/GAFC

331120-D Sa 11:15am-11:45am/GAFC

Weekday I - 8 mtgs: 6/21 - 7/1

331120-1A Tu/W/Th/F 9:00am-9:30am/GAFC

331120-1B Tu/W/Th/F 9:45am-10:15am/GAFC

331120-1C Tu/W/Th/F 10:30am-11:00am/GAFC

331120-1D Tu/W/Th/F 11:15am-11:45am/GAFC

Weekday II - 8 mtgs: 7/12 - 7/22

331120-2A Tu/W/Th/F 9:00am-9:30am/GAFC

331120-2B Tu/W/Th/F 9:45am-10:15am/GAFC

331120-2C Tu/W/Th/F 10:30am-11:00am/GAFC

331120-2D Tu/W/Th/F 11:15am-11:45am/GAFC

Weekday III - 8 mtgs: 8/2 - 8/12

331120-3A Tu/W/Th/F 9:00am-9:30am/GAFC

331120-3B Tu/W/Th/F 9:45am-10:15am/GAFC

331120-3C Tu/W/Th/F 10:30am-11:00am/GAFC

331120-3D Tu/W/Th/F 11:15am-11:45am/GAFC

BEGINNER II**Ages 5-12**

Class will be held in water over swimmers' heads. Students will learn proper body position and arm movements for front crawl, elementary backstroke and breaststroke. Back crawl, treading water and breathing techniques will be introduced. Prerequisites: assisted float on front and back in deep water, streamline glide from wall on front and back, and object retrieval from bottom of pool with head submerged.

PH: \$47 RNPH: \$52 NRNPH: \$59

Saturday - 8 mtgs: 6/18 - 8/13 (No class 7/2)

331121-A Sa 9:00am-9:30am/GAFC

331121-B Sa 9:45am-10:15am/GAFC

331121-C Sa 10:30am-11:00am/GAFC

331121-D Sa 11:15am-11:45am/GAFC

Weekday I - 8 mtgs: 6/21 - 7/1

331121-1A Tu/W/Th/F 9:00am-9:30am/GAFC

331121-1B Tu/W/Th/F 9:45am-10:15am/GAFC

331121-1C Tu/W/Th/F 10:30am-11:00am/GAFC

331121-1D Tu/W/Th/F 11:15am-11:45am/GAFC

Weekday II - 8 mtgs: 7/12 - 7/22

331121-2A Tu/W/Th/F 9:00am-9:30am/GAFC

331121-2B Tu/W/Th/F 9:45am-10:15am/GAFC

331121-2C Tu/W/Th/F 10:30am-11:00am/GAFC

331121-2D Tu/W/Th/F 11:15am-11:45am/GAFC

Weekday III - 8 mtgs: 8/2 - 8/12

331121-3A Tu/W/Th/F 9:00am-9:30am/GAFC

331121-3B Tu/W/Th/F 9:45am-10:15am/GAFC

331121-3C Tu/W/Th/F 10:30am-11:00am/GAFC

331121-3D Tu/W/Th/F 11:15am-11:45am/GAFC

BEGINNER III**Ages 5-15**

Improve basic swimming skills. Students will learn rhythmic breathing, proper kick for elementary backstroke and breaststroke and treading water. Scissor kick and dolphin kick will be introduced. Prerequisites: 10 yards front crawl, 10 yards basic elementary backstroke, 5 yards basic breaststroke.

PH: \$47 RNPH: \$52 NRNPH: \$59

Saturday - 8 mtgs: 6/18 - 8/13 (No class 7/2)

331122-A Sa 9:00am-9:30am/GAFC

331122-B Sa 9:45am-10:15am/GAFC

331122-C Sa 10:30am-11:00am/GAFC

331122-D Sa 11:15am-11:45am/GAFC

Weekday I - 8 mtgs: 6/21 - 7/1

331122-1A Tu/W/Th/F 9:00am-9:30am/GAFC

331122-1B Tu/W/Th/F 9:45am-10:15am/GAFC

331122-1C Tu/W/Th/F 10:30am-11:00am/GAFC

331122-1D Tu/W/Th/F 11:15am-11:45am/GAFC

Weekday II - 8 mtgs: 7/12 - 7/22

331122-2A Tu/W/Th/F 9:00am-9:30am/GAFC

331122-2B Tu/W/Th/F 9:45am-10:15am/GAFC

331122-2C Tu/W/Th/F 10:30am-11:00am/GAFC

331122-2D Tu/W/Th/F 11:15am-11:45am/GAFC

Weekday III - 8 mtgs: 8/2 - 8/12

331122-3A Tu/W/Th/F 9:00am-9:30am/GAFC

331122-3B Tu/W/Th/F 9:45am-10:15am/GAFC

331122-3C Tu/W/Th/F 10:30am-11:00am/GAFC

331122-3D Tu/W/Th/F 11:15am-11:45am/GAFC

ADVANCED BEGINNER

Ages 5-15

Transition from basic swimming to more advanced swimming skills. Students will learn basic dives and improve front crawl, back crawl, elementary backstroke and breaststroke. Sidestroke, butterfly and underwater swimming will be introduced. Prerequisites: 15 yards front crawl, 15 yards back crawl, 15 yards elementary backstroke, 10 yards breaststroke and 30 seconds treading water.

PH: \$47 RNP: \$52 NRNP: \$59

Saturday - 8 mtgs: 6/18 - 8/13 (No class 7/2)

331123-A Sa 9:00am-9:30am/GAFC

331123-C Sa 10:30am-11:00am/GAFC

Weekday I - 8 mtgs: 6/21 - 7/1

331123-1A Tu/W/Th/F 9:00am-9:30am/GAFC

331123-1C Tu/W/Th/F 10:30am-11:00am/GAFC

Weekday II - 8 mtgs: 7/12 - 7/22

331123-2A Tu/W/Th/F 9:00am-9:30am/GAFC

331123-2C Tu/W/Th/F 10:30am-11:00am/GAFC

Weekday III - 8 mtgs: 8/2 - 8/12

331123-3A Tu/W/Th/F 9:00am-9:30am/GAFC

331123-3C Tu/W/Th/F 10:30am-11:00am/GAFC



INTERMEDIATE

Ages 5-15

Learn distance swimming skills. Students will swim full lengths of the pool to improve front crawl, back crawl, breaststroke, sidestroke, butterfly, and retrieve objects from the deep end. Flip turns and long shallow dives will be introduced. Prerequisites: 25 yards front crawl, 25 yards back crawl, 25 yards elementary backstroke, 15 yards breaststroke, and one minute treading water.

PH: \$47 RNP: \$52 NRNP: \$59

Saturday - 8 mtgs: 6/18 - 8/13 (No class 7/2)

331124-B Sa 9:45am-10:15am/GAFC

331124-D Sa 11:15am-11:45am/GAFC

Weekday I - 8 mtgs: 6/21 - 7/1

331124-1B Tu/W/Th/F 9:45am-10:15am/GAFC

331124-1D Tu/W/Th/F 11:15am-11:45am/GAFC

Weekday II - 8 mtgs: 7/12 - 7/22

331124-2B Tu/W/Th/F 9:45am-10:15am/GAFC

331124-2D Tu/W/Th/F 11:15am-11:45am/GAFC

Weekday III - 8 mtgs: 8/2 - 8/12

331124-3B Tu/W/Th/F 9:45am-10:15am/GAFC

331124-3D Tu/W/Th/F 11:15am-11:45am/GAFC

ADULT BEGINNER SWIM LESSONS

Ages 16+

"Learning the Basics" - Learn skills and concepts needed to stay safe in and around water while gaining basic aquatic skills and swimming strokes.

PH: \$55 RNP: \$61 NRNP: \$69

Session I - 8 mtgs: 6/7 - 6/30

351192-1A Tu/Th 7:00pm-7:45pm/GAFC

Session II - 8 mtgs: 7/19 - 8/11

351192-2B Tu/Th 8:00pm-8:45pm/GAFC

ADULT INTERMEDIATE SWIM LESSON

Ages 16+

"Improving Skills and Swimming Strokes" - Learn skills and concepts needed to stay safe in and around water while improving proficiency in basic aquatic skills and the six basic swimming strokes. Prerequisites: Participants must be comfortable in chest-deep water, able to put their face in the water, and able to perform strokes that can be recognized as front crawl, breaststroke and back crawl, each for 15 yards.

PH: \$55 RNP: \$61 NRNP: \$69

Session I - 8 mtgs: 6/7 - 6/30

351194-1B Tu/Th 8:00pm-8:45pm/GAFC

Session II - 8 mtgs: 7/19 - 8/11

351194-2A Tu/Th 7:00pm-7:45pm/GAFC

AQUATIC EXERCISE

Contact: Greenbelt Aquatic and Fitness Center, 301-397-2204

DEEP WATER AEROBICS

Ages 16+

A non-impact class designed to improve cardiovascular endurance. The class uses a variety of water movements to increase tone and definition of upper and lower body. Participants can use a floatation belt.

Session I

351170-A M/W/F 1:00pm-1:45pm/GAFC

14 mtgs: 6/6 - 7/8 (No class 7/4)

PH: \$60 RNP: \$65 NRNP: \$70

351170-1A M/W 7:00pm-7:45pm/GAFC

9 mtgs: 6/6 - 7/6 (No class 7/4)

PH: \$40 RNP: \$45 NRNP: \$50

351170-1B Tu/Th 6:00pm-6:45pm/GAFC

10 mtgs: 6/7 - 7/7

PH: \$44 RNP: \$49 NRNP: \$54

Session II

351170-B M/W/F 1:00pm-1:45pm/GAFC

15 mtgs: 7/18 - 8/19

PH: \$64 RNP: \$69 NRNP: \$74

351170-2A M/W 7:00pm-7:45pm/GAFC

10 mtgs: 7/18 - 8/17

PH: \$44 RNP: \$49 NRNP: \$54

351170-2B Tu/Th 6:00pm-6:45pm/GAFC

10 mtgs: 7/19 - 8/18

PH: \$44 RNP: \$49 NRNP: \$54

AQUACIZE

Ages 16+

Emphasizes aerobics, stretching and toning exercises for the swimmer and non-swimmer. Aquacize is designed to condition the heart and lungs and to improve muscle tone while burning calories. Muscle conditioning, use of bottles and spa bells are included in the class.

Session I

351171-1A M/W/F 8:00am-8:45am/GAFC

14 mtgs: 6/6 - 7/8 (No class 7/4)

PH: \$60 RNP: \$65 NRNP: \$70

351171-1B M/W/F 10:00am-10:45am/GAFC

7 mtgs: 6/6 - 6/20

PH: \$32 RNP: \$37 NRNP: \$42

351171-1D Tu/Th 7:45am-8:30am/GAFC

10 mtgs: 6/7 - 7/7

PH: \$44 RNP: \$49 NRNP: \$54

351171-1E Th 6:00pm-6:45pm/GAFC

5 mtgs: 6/9 - 7/7

PH: \$24 RNP: \$29 NRNP: \$34

Session II

351171-2A M/W/F 8:00am-8:45am/GAFC

15 mtgs: 7/18 - 8/19

PH: \$64 RNP: \$69 NRNP: \$74

351171-2D Tu/Th 7:45am-8:30am/GAFC

10 mtgs: 7/19 - 8/18

PH: \$44 RNP: \$49 NRNP: \$54

351171-2E Th 6:00pm-6:45pm/GAFC

5 mtgs: 7/21 - 8/18

PH: \$24 RNP: \$29 NRNP: \$34

AQUA ZUMBA

Ages 16+

Known as the Zumba® "pool party," the Aqua Zumba program gives new meaning to the idea of an invigorating workout. Splashing, stretching, twisting, even shouting, laughing, hooting and hollering are often heard during an Aqua Zumba class. Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines, the Aqua Zumba class blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief.

351172-A1 M/W 6:00pm-6:45pm/GAFC

9 mtgs: 6/6 - 7/6 (no class 7/4)

PH: \$44 RNP: \$49 NRNP: \$54

351172-A2 M/W 6:00pm-6:45pm/GAFC

10 mtgs: 7/18 - 8/17

PH: \$48 RNP: \$53 NRNP: \$58

SENIOR SWIM 371101-1

Ages 60+

Water exercises that emphasize stretching, strengthening and toning exercises for the swimmer and non-swimmer. FREE to pass holders, resident non-passholders pay \$1 each visit; non-resident, non-passholders pay \$1.50 each visit. Registration is REQUIRED.

M 11:15am-12:00pm/GAFC

9 mtgs: 6/20 - 8/22 (No class 7/4)

Instructor: Marsha Voigt



LIFEGUARDING REVIEW

Ages 15+

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification. Those who are currently certified (or those that have certifications expired by no more than 12 months) as a Lifeguard may take this review class for recertification. Participants are expected to bring their own breathing barrier. Participants will review topics before given an opportunity to complete all requirements for the Lifeguarding class. Pre-Test will be conducted during first class.

PH: \$100 RNP: \$110 NRNP: \$125

Session I - 2 mtgs: 6/5 - 6/12

357182-1 Su 8:30am-5:00pm/GAFC-Class

Session II - 2 mtgs: 8/7 - 8/14

357182-2 Su 8:30am-5:00pm/GAFC-Class



REGISTRATION INFORMATION FOR ALL OTHER CLASSES (SAGE PROGRAM PROCEDURES LISTED ON PAGE 17.)

Registration forms may be dropped off or mailed in at any time. For your convenience, there are two drop off locations where completed registration forms can be deposited when the office is closed but the building remains open. These include the Community Center Welcome Desk and the Youth Center business office drop slot. PLEASE NOTE: All courses have a limited enrollment. Early registration improves the likelihood that you will be enrolled in your courses of choice.

- **Resident Registration begins on May 18 and is ongoing and will be given priority through June 5, 2016.**
- **Non-Resident registrations will be processed beginning on June 6, 2016. Date stamped paper forms will be processed before non-resident online registration opens. ONLINE non-resident registration will BEGIN at 12:00pm on June 6, 2016.**

MAIL-IN REGISTRATION PROCESS

1. Complete in its entirety the registration form located in this brochure.
2. Make payment using one of the following forms: check, money order or credit card (Visa/MasterCard/American Express/Discover). Cash payments will not be accepted via the mail.
3. Seal in an envelope, affix proper postage and mail to:
**The Greenbelt Recreation Department
25 Crescent Road
Greenbelt, Maryland 20770**

IN-PERSON REGISTRATION PROCESS

1. Visit the business office at the Community Center or Youth Center between the hours of 9:00am and 4:30pm, Monday through Friday. For walk-in aquatic and fitness course registrations and/or memberships, please visit the Greenbelt Aquatic and Fitness Center.
2. Complete a registration form in its entirety.
3. Make payment using one of the following forms: cash, check, money order or credit card (Visa/MasterCard/American Express/Discover).

ONLINE REGISTRATION PROCESS

1. Visit www.greenbeltmd.gov/recreation, click on Online Registration then follow the online instructions.
2. To log into the website, your initial username is your home phone number and your password is the primary guardian's LAST NAME. It is HIGHLY RECOMMENDED that you change this information on your first log-in. If you have NEVER enrolled in a Greenbelt Recreation Department class, you will need to call 301-397-2200 or 2208 to get your household set up. To get the RESIDENT rates, you must show proof of residency at one of the recreation department facilities.

3. Please note: there are a few classes where online registration is NOT allowed. Please see the class listings for more information.

CITY RESIDENCY

Resident rates apply to those persons who reside in, pay taxes to and are eligible to vote in Greenbelt elections (if 18 years of age or older). Non-resident rates apply to those who live outside of Greenbelt or those who have a Greenbelt mailing address but do not pay taxes to the City. When registering for a class or conducting business as a Greenbelt resident, proof is required in the form of a state issued photo ID or current lease with a valid Greenbelt address.

CLASS CANCELLATIONS

Classes will not be held on the following dates: **May 30 – Memorial Day, July 4 – Independence Day, September 5 – Labor Day.** Please reference the individual course description for other scheduled class cancellations. If an individual class meeting is canceled, a make-up will be held at the end of the regularly scheduled course when possible. Pre-school and children's classes scheduled before 5:00pm will not meet on some P.G. County school holidays. When Prince George's County Schools are closed or delayed due to inclement weather or emergency, please call the Greenbelt Recreation Department Weather and Information Hotline at 301-474-0646 for updated class information.

COURSE FEES

Please refer to the individual course description for current fees and pricing. A 10% discount will be given to any senior citizen 60 years of age or over registering for adult courses, with the exception of those courses designed specifically for senior citizens.

CREDITS/REFUNDS

If an activity is cancelled by the Recreation Department, all enrolled patrons will receive a full credit or refund according to their preference. Under any other circumstances, the availability of a household credit or refund is not guaranteed regardless of the timing of the request. In order to be considered, requests must be received before 1/3 of the program in question has elapsed. Credit/refund request forms are available at the Community Center and Youth Center business offices. Approved credits and refunds are subject to a 10% (minimum \$2.50) processing fee and will be pro-rated to reflect the number of meetings attended by the participant.

INCLUSION

Individuals who are physically, mentally, and/or emotionally challenged are encouraged to participate in any of our programs. Please call Karen Haseley, CTRS at 240-542-2054 to make arrangements.

CLASS SCHEDULE

Classes will begin the week of June 20, 2016. Please see the course descriptions for exceptions and specific information pertaining to class meeting dates.

• • • • •
WEATHER & INFORMATION HOTLINE

301-474-0646

• Call the weather and information hotline
 • for updates on classes, programs and
 • activities when there is inclement weather
 • or another emergency.
 • • • • •

LOCATION CODES

BAP - Buddy Attick Park
 BF – Braden Field
 BFTC - Braden Field Tennis Courts
 CC - Greenbelt Community Center
 GAFC - Greenbelt Aquatic And Fitness Center
 GES – Greenbelt Elementary School
 SHLES - Springhill Lake Elementary School
 SHLRC - Springhill Lake Recreation Center
 SHP - Schrom Hills Park
 YC - Greenbelt Youth Center



Financial Assistance: Greenbelt Residents

Financial Assistance for all Greenbelt Recreation Programs

The City of Greenbelt, an inclusive community, recognizes the fact that some residents may require financial assistance in order to participate in certain recreational activities that are offered through the Greenbelt Recreation Department. As a result, the City of Greenbelt's Financial Assistance program was developed and designed to assist eligible individuals and families experiencing financial difficulties to access our programs, by providing the option to apply for a reduced fee.

The Financial Assistance Application was designed to help us determine your eligibility and the best possible solution to meet your specific needs. Please complete and return the form and the proper documentation to our office as soon as possible at: Greenbelt Recreation Department, 15 Crescent Road, Greenbelt, Maryland, 20770, ATTENTION: Financial Assistance. Regardless of your income, there are opportunities to participate. Application forms are available at all Recreation Department offices or at www.greenbeltmd.gov/financial_assistance.

Arts and Senior Programs: Mary Purcell Geiger Scholarship Fund

The Mary Purcell Geiger Scholarship Fund supports partial financial assistance for Greenbelt residents of any age who are interested in participating in Greenbelt Recreation Department visual arts, performing arts and senior programs. Assistance is available on a limited basis according to need. Individuals who have not yet received scholarship assistance during the current program year (July through June) will be given priority status in the awarding of support. Otherwise, assistance will be offered on a first-come, first-served basis. Please note: funds cannot be applied to the cost of PG Community College classes, camps (for which separate scholarship assistance is available), courses offered by independent individuals and organizations, or programs costing less than the minimum required patron contribution. Mary Purcell Geiger Scholarship application forms are available at the Greenbelt Community Center or online: www.greenbeltmd.gov/financial_assistance.

Greenbelt Recreation Department

GREENBELT CITY COUNCIL

Emmett V. Jordan, Mayor, Judith "J" Davis, Mayor Pro-Tem, Konrad E. Herling, Leta M. Mach, Silke I. Pope, Edward V.J. Putens, Rodney M. Roberts

CITY MANAGER

Michael P. McLaughlin

GREENBELT CITY COUNCIL ADVISORY GROUPS

Contact Cindy Murray, City Clerk 301-474-3870. Boards affiliated with the Greenbelt Recreation Department include: Arts Advisory Board, Senior Citizens Advisory Committee, Park and Recreation Advisory Board and Youth Advisory Committee.

DEPARTMENT OF RECREATION ADMINISTRATIVE OFFICE, 99 Centerway, 301-397-2200

Julie McHale, CPRP, Recreation Director
Joe McNeal, CPRP, Assistant Director of Operations
Greg Varda, CPRP, Assistant Director of Recreation Programs
Debbie Coulter, Administrative Coordinator
Cathy Pracht, Administrative Assistant

GREENBELT AQUATIC AND FITNESS CENTER

101 Centerway, 301-397-2204

Stephen Parks, AFO, Aquatics Supervisor
Cheryl Conrad, Aquatics Coordinator
Mitch Kallemyn, Aquatics Coordinator
Julie Magness, Administrative Assistant

SPRINGHILL LAKE RECREATION CENTER

6101 Cherrywood Lane, 301-397-2212

Brian Butler, Recreation Coordinator I
Frank Jones, III, Recreation Coordinator I

YOUTH CENTER, 99 Centerway, 301-397-2200

Anne Oudemans, CPRP, Recreation Supervisor
Andrew Phelan, CPRP, Sports and Recreation Coordinator II
Alison Longworth, CPRP, Recreation Coordinator I

GREENBELT COMMUNITY CENTER

15 Crescent Road, 301-397-2208

Di Quynn-Reno, CPRP, Community Center Supervisor
Chris Cherry, Performing Arts Program Coordinator
Rebekah Sutfin, CPRP, Community Center Coordinator II
Ruth Campbell, Administrative Assistant
Souzan Noaman, Administrative Assistant

ARTS PROGRAMS, 15 Crescent Road, 240-542-2057

Nicole DeWald, Arts Supervisor

THERAPEUTIC RECREATION PROGRAMS

15 Crescent Road, 240-542-2054

Karen Haseley, CTRS, Therapeutic Recreation Supervisor

SCHROM HILLS PARK

6915 Hanover Parkway, 301-552-2004



GREENBELT DEPARTMENT OF RECREATION RULES OF CONDUCT

The Greenbelt Recreation Department is committed to providing quality recreation and educational opportunities in a healthy, positive and enjoyable atmosphere. Our most important goal is to provide a pleasurable and secure environment for all participants. To fulfill this commitment, the Department has established Rules of Conduct. By signing the waiver on the Greenbelt Recreation Department registration form (page 29), all class participants agree to abide by these Rules of Conduct.

Individuals may lose the opportunity to participate in programs and services, including the use of center facilities throughout the Department

of Recreation, subject to approval of the Assistant Director of Recreation, for any of the following:

- failure to abide by any of the rules established by the Department;
- failure to comply with the direction given by center staff in the lawful performance of their duties;
- misuse, destruction, damage or theft of Department property or the property of others;
- indecent or obscene language or conduct, including use of profanity;
- any action which, in the judgment of Department staff, places the health, safety or welfare of any person at risk. This includes but is not limited to: physical and/or verbal abuse, intimidation, coercion, inciting others to violence or disruption, sexual harassment, possession, use or distribution of weapons, instruments used as weapons, fireworks or explosives;
- possession, use or distribution of alcohol, illegal drugs or controlled substances; and
- any action that constitutes a violation of local, state or federal law.

CONSEQUENCES

Misconduct by participants will result in temporary or permanent removal from the program or facility. Refund of program fees will not be issued when removal from the program or facility is a result of non-compliance with the Rules of Conduct.

If participant is under the age of 18, a parent will be notified either face-to-face at pick up time or by written correspondence sent home. In the event that a child must be removed from a program or facility, the parent or guardian will be contacted and required to pick up the child immediately. Removal from a Recreation Department program or facility will extend to all Recreation Department programs and facilities.

GREENBELT ACTIVITY REGISTRATION FORM

(PLEASE PRINT)

Adult Participant/Parent/Guardian _____ Preferred Name _____

Address _____

☐ Please check here if this is a new address.

City _____ State _____ Zip _____

Phone (home) _____ (work) _____ (cell) _____

E-mail _____ *Receipts are sent via e-mail whenever possible.*

Emergency Contact _____ Emergency Phone _____

A modification due to a disability is needed for an individual below to participate in this program. YES __ NO __

If yes, please complete a Special Assistance Request Form provided by the Recreation Department or download it from www.greenbeltmd.gov/special_assistance.

Participant's Name/ Preferred Name	Gender	Date of Birth	Activity Registration #	Activity Name	Activity Fee
Please make checks payable to: City of Greenbelt				TOTAL	

☐ Please charge my (please circle): VISA MC AM EX DIS

Expiration Date: _____ Credit Card Number: _____

Signature: _____ Date: _____

PLEASE READ THE FOLLOWING CAREFULLY AND SIGN.

INSURANCE: I hereby inform the City of Greenbelt and the Greenbelt Recreation Department that I will assume any and all medical insurance coverage for the above named participant(s), and that said coverage shall be adequate to cover any and all possible accidents or injuries to the above named participant(s) received during any phase of this program.

RELEASE: I hereby release and agree to hold harmless the City of Greenbelt and the Greenbelt Recreation Department, its employees, volunteers, coaches and other participants from any act of commission or omission which may result in any personal injury or property damage arising out of the above named participant's participation in this program. I further agree to save harmless the City of Greenbelt and the Greenbelt Recreation Department, its employees, volunteers, coaches and other participants from all losses, costs and expenses (including attorney's fees and court costs), settlement payment (whether or not reduced final judgment) and all liabilities, damages and fines paid, incurred, or suffered by the City of Greenbelt and the Greenbelt Recreation Department by reason of, or arising out of injuries to persons (including death) or property damage caused by or attributed to the above named participant's participation in this program.

PHOTO/VIDEO RELEASE: Unless otherwise indicated in writing by participant or parent/guardian at the time of registration, photographs and videos of participants may be taken while participating in the program activities for use in City of Greenbelt publications, social media or other advertising venues. No personal information other than the participant's first name will be released under any circumstances.

RULES OF CONDUCT: I agree that I and/or the minors for whom I am responsible will abide by the Recreation Department's Rules of Conduct as outlined on page 28 of this brochure.

X

Adult Participant or Guardian's Signature

Date

X

Additional Adult Participant's Signature

Date

If more than one adult in the same household is signing up for an activity, both must sign the waiver.



GREENBELT COMMUNITY CENTER

15 Crescent Road 301-397-2208

Operating Hours: Monday - Saturday 9:00am-10:00pm, Sunday 9:00am-7:00pm

This 55,000 square foot accessible historic facility serves as an integral and active element of the community. Attributes include a gymnasium with stage, multipurpose room, classrooms, dance studio, ceramic studios and more. It is home to the Greenbelt Co-op Nursery School, Greenbelt News Review, Greenbelt Adult Care Center, Greenbelt Museum, Artists in Residence studios, Greenbelt Access Television and the City's Planning and Community Development department. There are many program, activity and special event opportunities along with rooms available for rent. Please visit us at www.greenbeltmd.gov/communitycenter.

The Greenbelt Community Center is the perfect place for your next family gathering! With several rooms available for hourly rental, it is ideal for birthday parties, baby showers, family reunions or celebrations. The center is an alcohol free facility. Contact Rebekah Sutfin at 240-542-2056 or rsutfin@greenbeltmd.gov.

COMMERCIAL KITCHEN AT THE GREENBELT COMMUNITY CENTER

The Commercial Kitchen is a 500 square foot space licensed by Prince George's County Health Department. Features include commercial grade refrigerator, freezer, convection oven, conventional oven and microwave. The space also provides prep counters, three compartment sink and hand washing sink. Dry storage available. Perfect for small caterer or startup. Requirements: Prince George's County Food Service Manager License, Prince George's County Health Department permit, Hazard Analysis and Critical Control Points (HACCP) Plan and liability insurance. For further information contact, Di Quynn-Reno, Recreation Supervisor, dquynnreno@greenbeltmd.gov.

SCHROM HILLS PARK

6915 Hanover Parkway

Award winning trees are only one of the many fine features of this Greenbelt East attraction. The park also features a community center, athletic fields, paved path, covered picnic pavilion, two playgrounds and a brand new outdoor fitness zone. This full service community park is home to the annual Fall Fest and other events. The paved path is approximately 1/2 mile long.

The picnic pavilion is permitted out to Greenbelt residents and businesses only. For rates and availability, call 301-397-2200 or email Alison Longworth.

Renting the Pavilion: If you would like to rent the pavilion, you must print out a rental application and bring it to the Recreation Business Office at 99 Centerway. Please read the rules and regulations posted at www.greenbeltmd.gov before attempting to rent the building.

BUDDY ATTICK LAKE PARK

555 Crescent Road

This park features a picturesque 23 acre lake is the focal point of this attractive Greenbelt amenity. A dirt and stone path winds its way through the woods and around the lake, perfect for passive recreational activities. The path around the lake is approximately 1.25 miles long.

Also included are picnic pavilions with grills, tables and benches, a paved court area, tot lot and playground, and restrooms. Picnic pavilions are permitted out to Greenbelt residents and businesses only. For rates and availability, call 301-397-2200.

No motorized boats or rafts. Canoes, kayaks, allowed with permit. Permits are issued from the Police Department, Monday - Friday 9:00am-4:30pm, \$3, must be a City of Greenbelt resident.

Fishermen ages 16 years and over must have license; obtain from local sporting shops.

GREENBELT DOG PARK

Hanover Parkway

Established to help promote responsible pet ownership and enhance canine training, behavior, and safe exercise opportunities, this facility was the first of its kind in the State of Maryland. For operating guidelines and rules for usage, call 301-345-5417. The dog park is for the use and enjoyment of City of Greenbelt residents only. You must fill out and submit a Dog Park Use Application available at www.greenbeltmd.gov before using the facility.



GREENBELT YOUTH CENTER AND SPRINGHILL LAKE RECREATION CENTER

Youth Center, 99 Centerway 301-397-2200

Operating Hours: Monday - Friday 3:00pm-9:45pm

Saturday 9:00am-9:45pm, Sunday 1:00pm-9:45pm

Springhill Lake Recreation Center, 6101 Cherrywood Lane 301-397-2212

Operating Hours: Monday - Friday 2:00pm-9:45pm

Saturdays 9:00am-9:45pm, Sundays 1:00pm-9:45pm

The Youth Center and the Springhill Lake Recreation Center are open to the public 365 days a year. A Recreation Center ID is required for entry to each facility. They may be purchased at each facility. You must show proof of residency at the time of purchase. All those age 17 and under must have your parent or guardian sign the Recreation Center ID Application prior to the card being issued.

These facilities offer a wide variety of drop-in activities for teens. Each facility has a game room with ping pong tables, foosball, board games and television. In addition, each facility has a gymnasium that offers opportunities for drop-in basketball and other games and activities. Please call the Youth Center at 301-397-2200 or the Springhill Lake Recreation Center at 301-397-2212 for open gym hours.

GYM RENTALS

The Greenbelt Youth Center and the Springhill Lake Recreation Center gymnasiums are available for rent to play basketball, Monday - Saturday 6:00am-8:00am and 10:00pm-12:00am. On Sundays the gym may be rented from 10:00pm-12:00am. The fees are based on an hourly rate and are \$45 for residents and \$55 for non-residents. Showers and lockers are only available at the Youth Center. Please call 301-397-2200 for more information.

FACILITY RENTALS

Greenbelt Youth Center: Conference Room (capacity 15) and the Multipurpose Room (capacity 40)

Springhill Lake Recreation Center: Clubhouse (capacity 20) and the Classroom (capacity 15).

COMPUTER LAB AT SPRINGHILL LAKE RECREATION CENTER!

The lab features 10 Dell laptops with Microsoft Office 2010. Open lab hours are Monday - Friday from 3:00pm-7:00pm. The hours of 3:00pm-5:00pm are for ages 8 to 13, while 5:00pm-7:00pm are reserved for ages 14 and older. The lab is free for recreation ID holders. For more information contact the Springhill Lake Recreation Center at 301-397-2212.



GREENBELT SKATE PARK

Adjacent to Greenbelt Youth Center at 99 Crescent Road

Designed by Wally Hollyday and constructed by California Skateparks, the Greenbelt skate park is a 7,000 square foot concrete park with a variety of street and vert elements, including a 10.5 foot deep bowl with diamond back ceramic pool coping from Federal Stone.

All users are required to register to use the park. Adults must present ID when submitting their completed form. Parents of minors (under 18 yrs of age) must complete the registration/waiver form in the presence of a classified recreation department staff person. Registration/waiver forms will be accepted at the the Greenbelt Youth Center, Monday through Friday, from 9:00am-4:30pm.

If your parent is not able to complete the form in person during these times the signed form must be notarized and submitted to the Greenbelt Recreation Department Main Business Office at the Greenbelt Youth Center during the times noted above.

Upon receipt of a completed registration / waiver form, members will be issued a membership card and a sticker that must be put on their skate helmet. Skaters must also comply with the skate park rules posted at www.greenbeltmd.gov.

For park schedule information, please call the Greenbelt Weather and Information Hotline at 301-474-0646, or drop by the Greenbelt Skate Park in front of the Youth Center and check for notices on the bulletin board outside the park.

Clubs and Contacts

alight dance theater, Angella Foster
www.alightdancetheater.org,
301-821-1331

Astronomical Society of Greenbelt
Martha Gay, 301-474-3305

Boy Scout Troop 746
Lenny Wertz, 301-864-0254

**Chesapeake Education, Arts and
Research Society (CHEARS),**
Maggie Cahalan, 301-642-4851
maggie@chears.org



**County Informational and Referral
Services for the Aging**
301-265-8450

Cub Scout Pack 202
Ben Clark, cubinfo@pack202.org

Friends of the Greenbelt Library
Joyce Griffin, President, 240-508-9162

Friends of the Greenbelt Museum
Megan Searing-Young, 301-507-6582

Friends of the Greenbelt Theater
Caitlin McGrath,
hello@greenbelttheatre.org

Friends of New Deal Café Arts
Barbara Simon, 301-474-2192
simongava@yahoo.com

Friends of the Resource Advocate
Kris White, 301-848-0914

Greenbelt Access Television (GATE)
Malia Murray, 301-507-6581

Greenbelt American Legion Post 136
Steven Messer, 301-345-0136

Greenbelt Aquatic Boosters
Pam Green, 301-257-3279,
Monkpam1@earthlink.net

Greenbelt Arts Center, 301-441-8770
www.greenbeltartscenter.org

Greenbelt Assoc. for the Visual Arts
Barbara Simon, 301-474-2192
simongava@yahoo.com

Greenbelt Babe Ruth
Bob Sonneveldt, 301-345-1033

Greenbelt Baseball
Christine Bailey, 301-395-0062
greenbeltbaseball@aol.com

**Greenbelt Boys and Girls Club
Information**
www.greenbeltbgc.org

**Greenbelt Branch, P. G. County
Library**, 301-345-5800
Greenbelt CARES, 301-345-6660



**Greenbelt CERT (Citizen Emergency
Response Team)**, Ken Theodos
greenbeltcert@gmail.com

**Greenbelt Community Development
Corp.** Barbara Simon, 301-474-2192
simongava@yahoo.com

Greenbelt Community Foundation
Melissa Ehrenreich, 240-412-7942

**Greenbelt Concert Band, Brass
Choir and Wind Ensemble**,
Eli Zimet, zimete@verizon.net,
301-977-2312

Greenbelt Connection
301-474-4100

Greenbelt Dog Park Association
Marjorie Whitacre, 301-345-3791

Greenbelt Farmers Market
240-476-8769
www.greenbeltfarmersmarket.org

Greenbelt Girl Scouts
Lori Davis, 1-800-834-1702,
www.gscnc.org

Greenbelt Golden Age Club
Brenda Cooley, 301-345-1388

Greenbelt Green Man Festival
Jean Newcomb, 301-441-9023



**Greenbelt Intergenerational
Volunteer Exchange Service (GIVES)**
301-507-6580

**Greenbelt Labor Day Festival
Committee**
Linda Ivy, 301-675-0585

Greenbelt Lions Club
Linda Varda, 301-474-8964

Greenbelt MakerSpace
George Boyce, President
makerspace125@gmail.com
http://makerspace125.org

Greenbelt Mamas and Papas
Amy Knesel, 301-318-9621

Greenbelt Museum
301-507-6582 or 301-474-1936

**Greenbelt National Park and
Campground**, 301-344-3948

Greenbelt Pottery Group
Madeleine Golde, mtgolde@
verizon.net, 301-233-5107
(class/studio information:
240-542-2060)

Greenbelt Pride
Andrea Waters, 301-982-1881

Greenbelt Rotary Club
Louis Pope, 301-441-1100

Greenbelt Senior Softball
George Harrison, 301-538-3636

Greenbelt Soccer Alliance
David Whiteman, 240-391-8598
www.greenbeltsoccer.org

Greenbelt Tennis Association
Theresa Henderson, 301-345-1014

Greenbelt Volksmarchers
Salva Holloman, 301-937-3549

Greenbelt Writers Group
Barbara Ford, 301-441-8241

Greenbelt Youth Double Dutch
Kim Bradshaw, 301-503-6962



Greenbriar Community Center
301-441-1096

Green Ridge House, 301-474-7595
Hunting Ridge Community Center
301-345-1777

Maryland 4-H Youth Development
Karna Thompson, 301-868-9366

**Maryland-National Capital Park and
Planning Commission**
Carlos Ocasio, 301-345-2808

OutoftheBlackBox Theatre Co.
Betsy Marks Delaney,
301-922-1865, www.02b2.org

Patuxent Widowed Persons Service
301-693-5210

Potomac Pedalers Touring Club
Bill Clarke, 301-474-7280

Windsor Green Community Center
301-345-4837